

# Keeping you "in THE" know.



**3/12/21**

## **Cleveland Sight Center: Making an Impact**

-When Lisa and Ryan Mackey brought baby Harper home they were overwhelmed with love and joy because of the arrival of their beautiful girl, but also concerned about what her future was going to look like. Before her birth, Lisa and Ryan found out that Harper was going to be born with a condition called Bilateral Anophthalmia, resulting in a lack of vision. As her parents, they wanted to give Harper every opportunity that other sighted children have, to ensure she too will reach all the same milestones. To read more, click here: <https://www.clevelandsightcenter.org/about-cleveland-sight-center/news/success-stories/harpers-story>

Photo of Lisa, Harper and Ryan



## **An Announcement Regarding Highbrook Lodge:**

-After months of mindful consideration, Cleveland Sight Center has decided not to open Highbrook Lodge for overnight camp for the summer of 2021. The Leisure & Lifestyle Services Department is working diligently to create a schedule of enriching and entertaining recreational programming for that time, and CSC will release further details about these opportunities at a later date. Thank you for your continued support of Highbrook Lodge; may we meet around the campfire again in the future!

## **What's Happening at CSC:**

-CSC received notification of a \$5,000 grant award earlier this week from the GPD Employees Foundation to support Early Intervention. This year, the foundation received more than 225 grant applications from schools and other organizations looking to making a difference in the lives of children.

-The Outreach team distributed information on the Independent Living Older Blind program funded through Opportunities for Ohioans with Disabilities and the Leisure & Lifestyle Services March activity schedule to over 100 email contacts this week. There was positive response and interest in the messaging along with a request from the CEO of the Lake County Council on Aging for more information to highlight CSC in their upcoming April publication.

-A group of CSC team members spent time today as panelists in a career exploration program conducted by the "True2U" program aimed towards 8th grade scholars in the Cleveland Metropolitan School District. Thanks to Dawn Jones, Hugh Littleton, Haley Marblestone, Debbie Ruffin, Alicia Howerton and Tom Sawyer for talking about their roles at CSC and career path to a group of 400 students in attendance at this virtual "out of school" experience! Image of the "True2U" logo which is in light green and blue



-Last week the Facilities team hosted the annual insurance walk-through and inspection of the building and grounds, reviewing and discussing the organization's loss prevention measures to help reduce the potential for claims. The inspection report was received this week and it was noted the exposures are well controlled and the inspector did not present any formal recommendations.

-Social recreation activities this week included Book Discussion and Sing It Out...and this evening at 6:00 p.m. is the Quarterly Birthday Party! For more information on programs and activities for the remainder of March, see below or reach out to Bobbie Szabo (x4597).

## **Weekly Activities**

### Monday

10am Stretching and Meditation

6pm Health Chats (3/15) OR Happy Hour Social (3/22)

### Tuesday

10:30am Ballroom Dance (3/16, 3/30)

11:30am Meditation

5:00pm Yoga

### Wednesday

10am Coffee Chat

2pm Improv (3/17, 3/31) OR Jam Session (3/24)

### Thursday

10am Activities Vary

2pm Poetry with Katie Daley (3/18) OR Escape from \_\_\_\_\_ (3/25)

### Friday

10am Fun Fridays

2pm Trivia

### Additional Activities

Monday, March 15th

Piano Class at 2pm (Registration required)

Tuesday, March 16th

Music Group at 6:45pm

Thursday, March 18th

Speaker Series: Antarctic Expeditions at 12pm

Monday, March 29th

Poetry with Shayna Sharpe at 1:30pm

## **Program Highlights**

Happy Hour Social

March 22nd at 6pm

This social hour is specifically designed for our clients who are working professionals! Know anyone who is interested in recreational programming but cannot attend activities during the day? This is perfect for them!

Escape from \_\_\_\_\_

March 25th at 2pm

Join Occupational Therapy PhD Candidate Erin for the first half of an awesome series of mystery sessions! Do you love Escape Rooms? Clients interested in problem solving and figuring out creative solutions to complex issues are sure to enjoy these programs!

Piano Classes

March 15th at 2pm

We are looking for ONE more client who has a keyboard and is interested in taking beginner keyboard classes virtually! Please contact Bobbie Szabo at 216-659-4597 to sign up.

Speaker Series: Antarctic Expeditions

Thursday, March 18th at 12pm

Have you ever wondered what it is like to participate in a scientific expedition to Antarctica? To found a museum? To be a professional sea farer and travel the globe? The time to find out is now!! Join us for our extra special guest speaker, Dr. Ed Sobey, as he enchants us with tales about his life and travels.

For additional information about the Leisure & Lifestyle Services program offerings, please call the Recreation Information Line at 216-658-4600 or contact Recreation Specialist Bobbie Szabo at 216-658-4597 or [bszabo@clevelandsightcenter.org](mailto:bszabo@clevelandsightcenter.org).



-The Eyedea Shop has another new item you may be interested in if you are a mobility cane user or know someone who uses a walker or other cane. The Cane Light is an LED light that can be clipped on the end of a cane or a walker...and can also be clipped to a hat. If you need to be out at night and worry about your visibility or others seeing you, this bit of extra safety might just relieve some of the concern you may have. Not only will it help guide your way but it will also make you more visible to others when it is dark outside. It can be turned on and off, runs on one AA battery included and is made in the U.S.A. The price is \$15.00. Image of the cane light and packaging



## Items of Note:

-The Microsoft Ability Summit is a two-day, free digital event experience that brings together people with disabilities, allies, and accessibility professionals to Imagine, Build, Include, and Empower the future of disability inclusion and accessibility. We encourage all to join on May 5-6, 2021 and spread the word throughout your internal and external communities.

- Wednesday, May 5 from 9:00 AM – 12:30 PM, PT
- Thursday, May 6 from 9:00 AM – 12:30 PM, PT

The 2021 Microsoft Ability Summit will feature:

- Keynotes from Microsoft executives and notable members of the disability community
- Expert panels featuring exciting projects and innovations
- Demos of the latest accessibility features in Office, Windows, Xbox, and more

All sessions will be recorded and available post-event so no matter what time zone you are in, you can access the content at a time that works for you!

For more information, visit the site here: <https://abilitysummit.eventcore.com/auth/login>

-Check out this video from Louisiana Lighthouse which instructs how to fry a perfect egg on the stove if you are blind. It's an Eggstravaganza! This video is the first in a series to show you 3 very different but simple ways you can prepare eggs, if you have low vision or no vision. There's no need to be afraid of the stove, if you are blind. Follow these simple steps to fry a perfect egg by using your senses of touch, hearing, and proprioception. To watch the video, click here: <https://www.youtube.com/watch?v=Tkb3QR8HdMU>

-As a reminder, Cleveland Sight Center will continue the Friday main building closure through the end of March. This means that on Fridays, the main building will not be open to staff, clients or walk-ins. Remember, masks on and six feet everyone!

## Did You Know:

-Did you know the first president born a United States citizen wasn't elected until 1837? Though one of the few absolute requirements of anyone running for president of the United States is that he or she be a natural born citizen, none of our first seven presidents would have qualified by this rule. It wasn't until Martin Van Buren, born into the newly created country of the United States in 1782 and elected president in 1837, that we had a natural-born president. Image of Martin Van Buren courtesy [whitehouse.gov](http://whitehouse.gov)

