

# Keeping you "in THE" know.



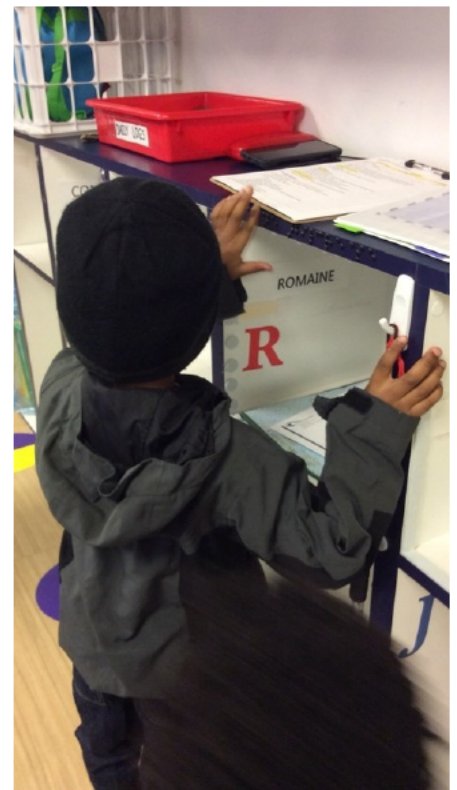
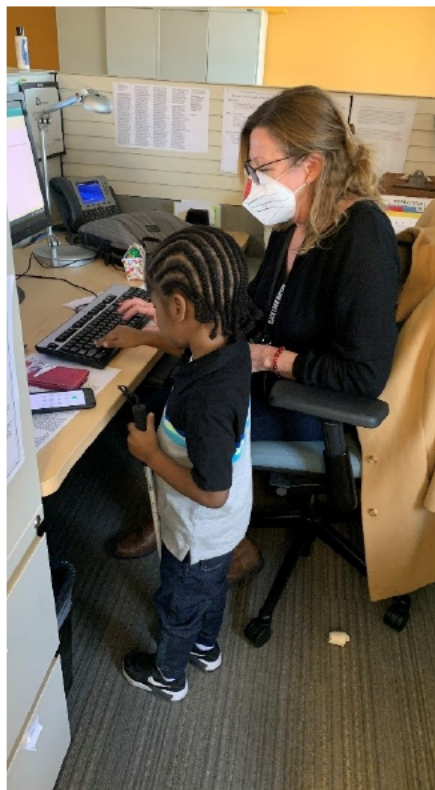
**4/2/21**

## **Welcome Back Bright Futures Preschool Students!**

-Bright Futures Preschool is excited to welcome back students to the classroom at Cleveland Sight Center for the fourth quarter of the school year! After the students enjoyed their spring break March 22nd - 29th, they returned on Tuesday, March 30th for in-person instruction. The class continues to provide remote learning for some students and they all continue their lesson plans and activities.

*Image of a preschool student reading his Braille nameplate above his cubby/locker in the classroom*

*Image of a preschool student visiting the desk of CSC team member and Teacher of the Visually Impaired Jennifer Hill*



## What's Happening at CSC:

-The TLC group known as "Transitional Life Counseling" has a new name! The program is now called "Vision of Success" (VOS) and is designed to give clients tools to manage depression, anxiety, anger and stress that they may experience due to blindness or visual impairments. Contact Anthony Griffin (x4675) or Toni Catron-Andrews (x4677) to learn more.

- Here is the April Leisure and Lifestyle Services (LLS) schedule! All of the programs offered are still remote, but the team is exploring possibilities to bring some activities back in person in the months ahead, while continuing virtual programming! Please note there will be no L&LS offerings from April 29th-May 5th.

### Weekly Schedule

#### Mondays

10am Stretching + Meditation

2pm Piano (4/5, 4/19)

6pm Health Chats (4/5, 4/19) OR Happy Hour Social Hour (4/12, 4/26)

#### Tuesdays

11:30am Meditation

5:00pm Yoga

#### Wednesdays

10am Coffee Chat

2pm Jam Session (4/7, 4/21) OR Improv (4/14, 4/28)

#### Thursdays

10am Activities Vary (Think Tank 4/1, What Do You Know 4/8, Speaker Series 4/15, Earth Day 4/22)

2pm Poetry w/ Katie Daley (4/1, 4/15) OR Escape From \_\_\_\_\_ (4/8, 4/22 is the final meeting)

#### Fridays

10am Fun Friday

2pm Trivia

### Additional Activities

Tuesday, April 6th

Music Group at 6:45pm

Tuesday, April 13th

Ballroom Dance at 10:30am (final meeting)

Book Discussion w/ Special Guest Author: DM Pulley at 12pm

Wednesday, April 14th  
Sing It Out at 5:30pm

Thursday, April 15th  
Speaker Series: HAM Radio at 10am

Thursday, April 22nd  
Earth Day at 10am

Monday, April 26th  
Poetry w/ Shayna Sharpe at 1:30pm

### Program Highlights

Book Discussion w/ Special Guest Author: DM Pulley  
April 13th at 12pm

The Leisure and Lifestyle Services Department is honored and excited to announce that author DM Pulley will be joining us for our discussion of her book *The Dead Key*, which won the Amazon Breakthrough Novel Award in 2014. Pulley has sold over half a million books worldwide, and her work has been translated into eight different languages. We'd love for you to come ask her some questions about her writing and let her know how much you enjoyed the book!

Speaker Series: HAM Radio  
April 15th at 10am

Do you have a velvet voice? A quick wit? Or a love of technology? Learn about how to become an amateur radio hobbyist from Jeffrey Meyer, who has been a licensed "ham" for 44 years. Jeffrey received commendations such as the ARRL Public Service Honor Roll, the Oak Park Public Safety Commendation, and was a recipient of the LASED award for assistance provided during the 1985 Mexican Earthquake.

Earth Day Celebration  
April 22nd at 10am

If you love gardening and are interested in helping with a project that will help our earth, pop into this Earth Day zoom meeting to help consult with Master Gardener Shayna Sharpe about a new project at the Cuyahoga County Fairgrounds. Master Gardeners and 4H have paired up to design a garden focused on diversity, equity and inclusion. Come share your ideas about how to make this garden as accessible as possible! What kind of plants should they grow? What kind of structures will make it navigable for someone with low vision?

For additional information about the Leisure and Lifestyle Services program offerings, please call the Recreation Information Line at 216-658-4600 or contact Recreation Specialist Bobbie Szabo at 216-658-4597 or [bszabo@clevelandsightcenter.org](mailto:bszabo@clevelandsightcenter.org).

-The Eyedea Shop has yet another new product to share. This magnifying lamp will illuminate and magnify whatever you put under it. A map, a book, your bills or even to thread a needle a bit easier. It is a 2X magnification with a 4X bifocal lens as well and it illuminates with a circle of LED lights surrounding the lens to put the light right where you need it. It can be a desktop device or converts to a clip-on so you can clip it to your table if need be. The light can be adjusted from a minimum brightness to medium or to maximum brightness. The price is \$50.00.

*Overhead image of the magnifier over a newspaper*  
*Sideview image of the magnifier over a newspaper*



-CSC was recently approached by the Cuyahoga Valley National Park for input on the development of a Visitor Use Management plan. Members of the Outreach team recently attended a virtual meeting hosted by staff of the Cuyahoga Valley National Park to provide thoughts and feedback. The National Park Service invites you to collaborate on the development of a Visitor Use Management plan for the Cuyahoga Valley National Park. For more information and to answer questions, visit:

<https://parkplanning.nps.gov/document.cfm?parkID=121&projectID=92300&documentID=110589>

-The Outreach team continues their efforts to stay engaged in our community by mailing out CSC information, developing new and staying in contact with potential client referral sources through emails, telephone calls, social media postings and connections, senior newspaper articles and in-person trainings and tours.

-A Transition Coordinator from Cleveland Metropolitan School District (CMSD) visited CSC this week and was actively engaged during the tour and discussion with Outreach. She suggested that the other 11 CMSD Transition Coordinators could benefit from learning more about CSC. In addition, she expressed interest upon hearing that CSC is a service provider for OOD's Independent Living Older Blind program. Thanks to the Employment Services team for introducing the CMSD representative to CSC!

## Items of Note:

Starting the week of May 3rd, the main building will be open five days per week, Monday through Friday.

-According to an article by Forbes, your most precious travel accessory this summer is going to be a small white piece of paper. Some destinations, cruise lines and major sports venues are already requiring travelers to provide proof that they have been fully vaccinated against Covid-19. Other businesses, like Krispy Kreme, are offering freebies and other perks to people who can prove they've been inoculated. If you are among the 48 million Americans who have been fully vaccinated against Covid-19, the only proof that you have received your Covid shots is typically your paper vaccination record card with the CDC logo in the upper corner. To read the full article, click here: <https://bit.ly/2QZGs34>

## Did You Know:

-Did you know Indiana is the world's popcorn capital? The home state of Orville Redenbacher, Indiana produces more than 20 percent of the country's popcorn supply, with almost half of all the state's cropland used for corn. In 2014, the state's farmers planted more than 91,000 acres of corn for popcorn.