RECREATION SCHEDULE

TUESDAY PROGRAMS
Line Dance
Weekly, 10:00 AM - 12:00 PM
Crochet Group
Weekly, 12:00 PM - 2:00 PM
Game Day
1st & 3rd Tuesday, 2:00 PM - 4:00 PM
Book Discussion
2nd Tuesday, 1:00 PM - 3:00 PM
Movie Day
4th Tuesday, 1:00 PM - 3:00 PM
Music Group
1st & 3rd Tuesday, 4:30 PM - 6:30 PM
Chess Club
2nd & 4th Tuesday, 4:00 PM - 6:00 PM
Yoga
Weekly, 5:00 PM - 6:30 PM

OTHER WEEKLY PROGRAMS
Braille Notes Choir
Wednesdays, 10:30 AM - 12:00 PM
Ballroom Dancing
Thursdays, 10:30 AM - 11:30 AM
Cooking
Fridays, 10:00 AM - 1:00 PM
Walking Club
TBA

QUARTERLY PROGRAMS
Winner's Club (SPRING)
February 27th, 10:00 AM - 1:00 PM
Winner's Club (SUMMER)
May 28th, 10:00 AM - 1:00 PM
Winner's Club (AUTUMN)
September 24th, 10:00 AM - 1:00 PM
Winner's Club (WINTER)
December 3rd, 10:00 AM - 1:00 PM

EXCURSIONS & OFF-SITE PROGRAMS
Metroparks Guided Bus Tours
April/May/Sept/Oct, Thursdays
Bike and Hike at CVNP
April - September, Saturdays
Golf
April - September, Varies
Highbrook Day Trip
July 7th
Audio Description
Varies
CURRENT RECREATION OPPORTUNITIES

All adults, aged 18 and over, who are registered clients of CSC are encouraged to experience the various recreation programs (listed on the reverse). First-time attendees interested in our recreation programs should contact our Recreation Specialist, Vince Williams, to arrange their orientation.

Clients who attend our recreation programs can expect to participate in activities that enhance their overall well-being. Our programs are also designed to provide opportunities to socialize and build community with others. Together, we explore ways to adapt, increase or continue to benefit from healthy and balanced lifestyles. Our clients also strengthen their confidence and self-sufficiency while uncovering new passions.

It is our hope that we will continue to expand upon our current program offerings to include more recreation opportunities in the future. Some upcoming programs may include: art classes; meditation & mindfulness sessions; guide dog seminars; diabetes awareness info sessions and more!

ABOUT LEISURE & LIFESTYLE AT CSC

Cleveland Sight Center offers recreation programming via our Leisure and Lifestyle Services Department. The mission of the Leisure and Lifestyle Services Department is to provide enriching experiences designed to empower those living with vision loss so that they may have more opportunities to encounter moments of friendship, joy and solidarity. This is achieved through a diverse offering of recreational programs, residential camping sessions and wellness initiatives.

Speak with Vince Williams at 216-658-4597 or call our Rec Line for updates at 216-658-4600

ALL ARE WELCOME!