Family Information Resource Guide

Welcome to our Family Information Resource Guide. We hope you can use this guide as a resource to connect you and your family with organizations and resources that support individuals with low vision. As you will see, there are many great resources available in a variety of areas including sports, education and more! We recognize we might have missed some services or resources. If there is something you would like added, please contact us at info@clevelandsightcenter.org. This guide is not a promotion and is intended to serve you. Thank you!

Books

<u>Dolly Parton's Imagination Library of Ohio</u> - mails kids one book each month until their 5th birthday. All kids in Ohio are eligible and this program is available at no cost to families.

Seedlings Braille Books for Children - braille books for children

American Action Fund for Blind Children and Adults - free braille books for children

Paths to Literacy - braille books for children resource

Maxi aids - tactile coloring books

Blind in Mind - read aloud and braille books and toys

Children's Braille Books at Target - books and toys

The Braille Bindery - free braille books for children

Balls and Balloons - free braille books for kids

Rehab Mart - braille books

Braille

Braille Academy - books to learn braille

Everyday Sight - beginner's guide to braille

American Foundation of the Blind – braille info

<u>National Library Service for the Blind and Print Disabled Library of Congress</u> – braille literacy, resources for learning and reading.

Braille House - site to learn braille

National Federation of the Blind – NFB braille resources

<u>Hadley</u> - site to learn braille <u>Dotless Braille</u> - braille info <u>Assistive technology & Accessible Educational Materials Center</u> - OCALI site, braille info <u>Perkins School for the Blind</u> – braille learning at home <u>Wonder Baby</u> - 10 tips to teach yourself braille

<u>Camps</u>

<u>Camp Sunshine</u> - special needs summer camp in Aurora, Ohio <u>Camp Abilities</u> - a week-long Educational Sports Camp Children with Visual Impairments <u>Melodic Connections</u> - music camp in Cincinnati serving children with developmental delays <u>Camp Cheerful</u> - Ohio's first camp with recreation programs for children with disabilities <u>Very Special Camps</u> - list of Ohio camps for children with various needs <u>Article</u> - helpful article about finding a camp, etc <u>Camp resource</u> - list of Ohio camps for children with various needs <u>Canter's Cave</u> - special needs camp in Jackson Ohio <u>Akron Rotary Camp</u> - special needs camp in Akron Ohio <u>Best Special Needs Camps</u> - Ohio camp directory

Clothes/Shoes/Accessories

JCFS Chicago - general info on clothes The Able Fables Book Co. - inclusive books and t-shirts Kids Nike FlyEase Shoes - shoes Hatchbacks - adaptive footwear-think AFO's Billy - adaptive footwear-think AFO's Patti + Ricky - clothes and accessories, kids and adults Special Kids - clothes and accessories, kids and adults Myself Belts - belts with Velcro Independence Day Adaptive - adaptive clothing for kids to young adults Etsy - adaptive clothing for all <u>Kohl's</u> - adaptive clothing <u>Adaptive Clothing Showroom</u> - adaptive clothing kids to adults <u>LifeZest</u> - various sites with adaptive clothing <u>Plaxo Adaptive</u> - youth and adult sensory t-shirts <u>Silverts</u> - adaptive clothing for adults

Colleges/Universities in Ohio

Ohio Colleges and Universities - general info on Ohio schools

Eye Patches

<u>Ohio Amblyope Registry</u> - amblyope registry - free patches in Ohio <u>Nationwide Children's</u> - more info on Ohio Amblyope Registry <u>Prevent Blindness (Ohio Affiliate)</u> - info on multiple eye patches

Guide Dogs

<u>Pilot Dogs</u> - Columbus area <u>4 Paws for Ability</u> - guide dog info <u>Leader Dogs for the Blind</u> - guide dogs for Vets <u>Guide Gods for the Blind</u> - guide dog info <u>Guiding Eyes for the Blind</u> - guide dog info <u>Canine Companions</u> - service dog info

Haircuts

Snip-its - several locations in Ohio

Cookie Cutters - Brunswick, Ohio location

Cookie Cutters - several locations around Columbus, Ohio

<u>Mobile barber by Damon</u> - themobilebarberclev@gmail.com - a barber that comes to your home in NE Ohio

Hearing Aids

<u>Ohio Hearing Aid Assistance Program</u> - assists families with children with hearing impairments to purchase hearing aids, earmolds, assistive listening devices, external cochlear implant processor replacements, and/or hearing aid batteries.

<u>Cleveland Hearing and Speech Center</u> – has four offices in NE Ohio

Library

State Library of Ohio - Ohio library for the blind and print disabled

Application for Free Library Service - Ohio talking books application

Miscellaneous

Connecting for Kids - parent help resource in NE Ohio

<u>The Visual Bucket List Foundation</u> - is a 501(c)3 created as a pay it forward effort to help children who are or who will be faced with severe visual impairment or total loss of vision, experience lasting visual memories.

<u>Wise About Eyes</u> – Ohio's online vision health and eye safety resource guide for kids, parents, educators and healthcare professionals.

Prevent Blindness (Ohio affiliate) - vision info

Make-A-Wish – Make-A-Wish foundation

A Kid Again - program for children with life threatening illness

<u>A Kid Again (Northern Ohio Chapter)</u> - children's charity in Cleveland, Ohio honored to serve families who are raising children living with life-threatening illnesses.

<u>A Kid Again (Central Ohio Chapter)</u> - fosters hope, happiness, and healing to families in Central Ohio that are raising a child with a life-threatening condition.

<u>A Kid Again (Southwest Ohio Chapter)</u> - serve families who are raising children living with lifethreatening conditions in the Cincinnati and Dayton areas.

<u>Ohio Optometric Association</u> - the Ohio Optometric Association serves its members and their patients by advocating for the profession to the public and policymakers, promoting the importance of and access to comprehensive eye care, and providing meaningful resources that strengthen professional viability.

Opportunities for Ohioans with Disabilities - empowering Ohioans with disabilities

ConnectCenter - info for vision impairments

Santa's Hide-a-way Hollow - non-profit in NE Ohio that serves seriously and terminally ill children

<u>Hattie Larham</u> - not for profit disability service organization providing care and support to children and adults in Ohio

<u>Special Olympics Ohio</u> - provides a lifetime of opportunities to athletes of all ages, at no cost to them, through the transformative power of sport.

<u>A Special Wish Foundation Inc. Northeast Ohio</u> – non-profit that grants the wishes of children between birth and 20 years old who have been diagnosed with a life-threatening illness

<u>Ohio Disability Resource Guide</u> – interactive map where you can choose the region of Ohio you're interested in, and then it will show you a list of resources available in that region. <u>Milestones Autism Resources</u> - Autism services

Orientation and Mobility

National Federation of the Blind - free white cane program

Ronald McDonald Houses

non-profit family and children's charity dedicated to supporting families with sick children in their time of need

<u>NE Ohio</u> <u>Central Ohio</u> <u>Ohio Valley</u> <u>NW Ohio</u> <u>Dayton</u> Cincinnati

Music Therapy

<u>Music Therapy Enrichment Center, Inc.</u> - NE Ohio Services making music accessible to people of all ages and abilities

Beck Center for the Arts - NE Ohio

Central Ohio Music Therapy - Central and SE Ohio

Beyond Words: Music & dance Center – NE Ohio

Hearts for Music - opportunities for children/young adults to perform music

Ohio Parent Magazine

Southwest Ohio Parent - SW Ohio

Ohio Parent - NW Ohio

Northeast Ohio Parent - NE Ohio

Columbus Parent - Columbus area

Dayton Parent - Dayton area

Ohio Attractions

Ohio - Find it here - guide to Ohio attractions

Ohio tourism – tourism from State's website

Ohio Traveler - Ohio tourism

SPI - Knox County, a play space with a focus on science and technology

Parent Support

APH ConnectCenter -

ParentConnect: A family support Group offered in partnership with the Virtual Parent Support Group Chicago Lighthouse for the Blind

APH FamilyConnect and the Chicago Lighthouse are pleased to offer this virtual support group for parents and families of children who are blind or visually impaired. These monthly sessions are for families to connect with and learn from each other about the joys, challenges, and adventures of raising children with visual impairments and blindness. These sessions are open to families. No ACVREP or professional development credits will not be available.

<u>Ohio Family 2 Family</u> - support for families in Ohio that have children and youth with special healthcare needs and disabilities. Training, information and resources. They are staffed by Family Support Specialists who have first-hand experiences.

www.ohiof2f.org

www.facebook.com/OhioFamily2Family

Northern Ohio: amy.clawson@cchmc.org

Central Ohio: lynne.fogel@cchmc.org

Southern Ohio: Marion.CosgroveRauch@cchmc.org

Playgrounds

Mila's Hope and Rowyn's Dream Playground - 1776 SR 44 Randolph, Ohio

Harmony Playground - at Memorial Park (Mount Vernon)

Makino Park – common ground playground in Mason, OH (Cincinnati area)

Columbus on the Cheap - list of accessible playgrounds in the Columbus area

Let Kids Play - list of some accessible playgrounds in Ohio

Preston's Hope – accessible playground park NE Ohio

Northeast Ohio Family Fun - list of playgrounds in NE Ohio

Recreation/Adapted Sports

Parks-

Cleveland Metroparks - Cleveland

Summit Metroparks - Summit County

Portage Park District - Portage County

Geauga Park District - Geauga County

Lake Metroparks - Lake County

Ashtabula County Metroparks - Ashtabula County

Lorain County Metro Parks - Lorain County

Trumbull County MetroParks - Trumbull County

Mill Creek Metroparks - Mahoning County

Stark County Park District - Stark County

Cuyahoga Valley National Park - CVNP (Cuyahoga Valley National Park)

Medina County Parks District - Medina County

Nature Center at Shaker Lakes - located in Shaker Heights

Adapted Sports

Sokol Greater Cleveland - gymnastic classes, Cleveland

Adaptive Sports Connection - Powell, Ohio

Adaptive Sports Ohio - Wooster, Ohio

Youth Challenge - NE Ohio

United Cerebral Palsy of Greater Cleveland - Cleveland

Mayfield Village - Mayfield Village

LEAP - over 18, Cleveland area

Achievement Centers for Children - NE Ohio

Board of Developmental Disabilities - Cuyahoga County - 2022 Rec2Connect Therapy - NE Ohio Solon Blue Ribbon Adapted Recreation Program – Solon, Ohio Challenged Athletes - multiple adapted sports in all states Boys and Girls Clubs of America – multiple Clubs in NE Ohio Therapeutic Horseback Riding/Hippotherapy Fieldstone Farms - Geauga County Cincinnati Children's - Cincinnati area Valley Riding Inc. - Cleveland area Pegasus Farm - Stark County Dreams on Horseback - Columbus area Willow Ridge Therapeutic Riding Facility - Columbus area TRI - Greene County

Raemelton - Mansfield area

<u>Schools</u>

<u>Perkins School for the Blind</u> – Watertown, MA <u>Texas School for the Blind and Visually Impaired</u> – Austin, TX <u>Ohio State School for the Blind</u> – Columbus, OH

Supplies

ARK Therapeutic Products - oral motor, chewies, z-vibes, different kind of cups...

Busy Baby - silicone mats and accessories

<u>Toys</u>

Wonder Baby - toys with braille

Maxi Aids – braille games and toys

Blind in Mind – toys and games for blind children

Etsy - multiple handmade items

Fat Brain Toys - multiple toys for various disabilities

Lego Braille Bricks - Lego bricks with braille

Fun & Function – primarily sensory type toys and equipment

Braille Blot – braille box alphabet to use with LeapFrog Fridge Phonics toy

United Disability Services - toy lending library in Akron

Akros - inclusive games to discover skills

Waiver Programs

<u>Medicaid HCBS Waivers</u> - home care waiver services <u>Ohio Medicaid Waiver</u> - disability services and waivers <u>Ohio Department of Developmental Disabilities</u>