

# Keeping you "In the Know..." 1/15/16

### SAVE THE DATE!

 This year's White Cane Walk event will be held Saturday, June 18<sup>th</sup> at Legacy Village in Lyndhurst! The event will feature a 5k run, 1-mile walk, and white cane walk experience with additional activities. Updates will be made online at <a href="https://www.clevelandsightcenter.org">www.clevelandsightcenter.org</a> as more details are finalized and registration goes live.

## Creating Awareness and Strengthening Partnerships for CSC:

- Ohio House District 1 Representative and Speaker Pro Tempore Ron Amstutz visited CSC for a tour and discussion on Tuesday, January 12<sup>th</sup>.
- Scott Reisberg, the new Executive Director of the Akron Blind Center, visited CSC this week to learn more about our programs and services, meeting with Larry Benders and Marcia Houston and receiving a tour of the agency.
- On Monday, Lisa Cellura attended the Communications Work Group of the Ohio Metropolitan Medical Response System to discuss how to best alert those low vision in case of regional emergencies. Lisa led training in "Blindness Basics" to volunteers from the American Red Cross on Thursday and Anthony Easley participated on a panel for the LeadDiversity program of the Diversity Center of Northeast Ohio to discuss barriers to community participation for those with vision loss. On Friday, Lisa Cellura and Cathy Javorsky present a program on guide dogs and guide dog etiquette to students in the Case for Sight program.
- Jassen Tawil met with representatives of JumpStart Inc., a local incubator firm to support small business start-up organizations whose

mission is to strengthen the economic vitality of Northeast Ohio and the U.S. by helping communities realize their entrepreneurial potential. The discussion focused on CSC's Call Center and any opportunities to support businesses in the area with call center needs. The introduction was facilitated by CSC Board Trustee Steve Willensky.

- CSC's President Larry Benders was recently named a member of the Executive Committee of the Board of Directors of University Circle, Inc.
- A \$500 donation was made to CSC on behalf of the Young Presidents Organization, a result of CSC's outreach, education, and volunteer and staff participation at the organization's "dinner in the dark" event back in November 2015.

### Volunteerism Makes a Difference:

- Monday, January 18<sup>th</sup> is Martin Luther King, Jr. Day and also MLK Day of Service. Every year, hundreds of volunteers make a daily difference in CSC's programs and services. In Fiscal Year 2015, volunteers totaled over \$409,100 in value to CSC. Quoting Dr. King, "Life's most persistent and urgent question is: What are you doing for others?" Thank you CSC Volunteers!
- To learn more on volunteering with CSC, contact Meg Koeth (216-791-8118).

# Recreation Activities Update:

 CSC is partnering with The United States Association of Blind Athletes (USABA) in the 2016 USABA/Anthem National Fitness Challenge. The goal of this program is to raise the physical activity levels of each participant to the level recommended by the Centers for Disease Control and Prevention (CDC). CSC is excited to work with the USABA and Anthem again this year towards lowering the obesity rate of people who are blind or have low vision by increasing each participant's physical activity levels. CSC's Olympic Day will be held during the Winter Sports Camp February 5<sup>th</sup> – 7<sup>th</sup>, 2016. Some activities for the Winter Sports Camp weekend include goalball at the Chardon YMCA, snowshoeing at Highbrook Lodge, ice skating at The Pond in Bainbridge, and skiing at Alpine Valley in Chesterland. Participants will be limited to only the individuals in the National Fitness challenge. For more information, contact Desmond Kennedy (216-791-8118). Visit the USABA/Anthem National Fitness Challenge page <a href="here">here</a>.



#### USABA National Fitness Challenge Logo

• The monthly gathering of the Winner's Club was held at CSC on Tuesday, January 12<sup>th</sup>. A group of 40 enjoyed socialization, lunch, and an informative program around health, wellness, and fitness.

## Eyedea Shop's Featured Product of the Week:

- This week's featured product in the Eyedea Shop: Stand for Handheld Magnifiers – Allows a handheld magnifier to be used like a stand magnifier. Perfect for people with unsteady hands, tremors, or arthritis. Cost is \$23.00.
- Can't make it to the Eyedea Shop at CSC? Then check out the product offerings online at <a href="www.eyedeashop.com">www.eyedeashop.com</a> and purchase items from the comfort of wherever you may be!

## **CYAS Happenings:**

 Officers from Case Western Reserve University's police department visited Bright Futures Preschool this week to conduct the ALICE Training exercise. The preschoolers enjoyed some "snow days" indoor and outdoor activities this week.



Police officers address the staff of Bright Futures Preschool



Miss Jamelle and Miss Karen with preschoolers in the snow-covered courtyard



"Let it Snow" bulletin board with preschoolers' faces on the bellies of penguins

- Preschool enrollments are still being accepted for the remainder of the school year. Contact <u>Sylvia Snyder</u> (216-791-8118) for more information.
- The annual CYAS Spring Fling event will be held in the Clyde E. Williams, Jr. Auditorium on Saturday, March 19<sup>th</sup> from 10:00am 12:00pm. For more information on this invitation-only event, please contact Sylvia Snyder or Lorie Marsalis (216-791-8118).

## Help CSC Obtain an Easy \$5,000!

 The agency still needs more registrations to get a \$5,000 grant from the KidCents program of the Rite Aid Foundation! <u>Click here</u> for the information to get started...it's easy! By registering your existing RiteAid card or signing up for their rewards program Wellness+ with Plenti, CSC will receive credit towards a grant. Sign up today and help CSC achieve these funds – please pass along to family and friends!

#### Items of Note:

- The agency will be closed on Monday, January 18<sup>th</sup> in observance of Martin Luther King, Jr. Day.
- The sidewalk on both the east and west sides of E.101st Street south of Chester are under construction. The construction manager has informed us that the sidewalks on both the east and west sides of East 101<sup>st</sup> between Chester Avenue and Euclid Avenue are closed until further notice. Please use East 97<sup>th</sup> as a western alternative or East 105<sup>th</sup> as an eastern alternative. We will keep everyone posted as the construction progresses and access changes.
- CSC is currently hiring an Employment Specialist and numerous Call Center Agents. Contact Human Resources at 216-791-8118 for more information.

### Did You Know?

•	CSC provided a vision screening exam to 7,802 preschoolers during Fiscal Year 2015.