



## **Keeping You “In the Know...” 2/15/19**

### **Educating the Community and Strengthening Partnerships:**

-Sylvia Snyder, Alicia Howerton and Tom Sawyer met with a potential client (now a registered client), his mother and his speech therapist from Neuro Restorative Ohio this week. The group also toured the agency and learned about programs and services. In addition to the registration, the Outreach team also booked a presentation for March at the Neuro Restorative Ohio facility in Stow as a result of the visit to CSC.

-The Outreach team attended the Medina County Senior Services Network meeting in Medina this week and also met with Area Agency on Aging 11's Director of Communications in Niles to talk about CSC services. The Director appreciated the timely information as she's putting together new information for their service area and she showed great interest in a Blindness Basics training class for her staff of around 130 people.

-CSC is providing large print and braille materials for an upcoming Inclusion Service at the Temple-Tifereth Israel in Beachwood happening Friday, February 22<sup>nd</sup> at 7:30 p.m. as part of the Jewish Disability Awareness & Inclusion Month. All are welcome to attend this inclusion and accessibility event which will include music and readings. For more information, contact Ron Ross at [rross@titi.org](mailto:rross@titi.org).

### **What's Happening at CSC:**

-Students in Bright Futures Preschool spent Valentine's Day week celebrating friendship every day this week. The students learned how to be good friends as well as explored books and Valentine's Day sensory boxes. They also learned about colors and shapes, made hearts from scented

playdough and had so much fun during their Valentine's Day party on Thursday!



Preschooler makes a heart out of red playdough using a stencil



Students complete morning work with heart-shaped candies



Students stuff mailboxes with valentines

-Participants in the Anthem/USABA National Fitness Challenge have walked enough miles among themselves to get to from CSC to Ecuador! If they keep up this pace, they will walk the distance to Peru before we know it. Let's see if they can get to the bottom on Chile and back before the Anthem Challenge is over.

-The Fitbit Group in the Anthem/USABA National Fitness Challenge will be meeting Monday, February 18<sup>th</sup> from 12:30 p.m. – 1:00 p.m. in CSC's Recreation Room where they will receive team t-shirts and continue to cheer each other on.

-The Employment Services department's Job Club will meet at CSC on Thursday, February 21<sup>st</sup> from 10:00 a.m. – 11:30 a.m. and is expecting Adrienne Shadd, M.Ed, Sr. Workforce Development Professional for University Hospitals Health System. Requested topics of discussion include:

- What gets a job seeker in the door with applications and interviews
- What does the staff look for in the interview
- Why hiring assessments aren't used by University Hospitals

For more information on Job Club, contact Nicole Kahn (216-791-8118).

-Rhythm and Rhyme: It's Poetry and Bingo Time! Join Winners Club at CSC on Thursday, February 28th for lunch, poetry, socialization, games, fun and more! The event starts with coffee and conversation at 9:30 a.m. followed by activities including a poetry workshop, lunch, Bingo and more! RSVPs are required to Alicia at 216-791-8118 so food can be ordered.

### **An Update from Volunteer Services:**

-Over the past two weeks, Volunteer Services hosted multiple orientations to prepare new volunteers for placement sessions. CSC is excited to work with new Highbrook Lodge volunteer Mary Kay Costello, Share the Vision Volunteer Carol-Ann Arrington, Radio Reader Joe Oboczky, and Adult Literacy Volunteers Michael Welsh, Noah Vroman, Christian McShannic, Matthew Lupo, Nicholas Revelas, Hannah Singerline and Jeana Franjoine. Welcome to all! We are excited to have these new volunteers as part of the CSC team.



Photo of Adult Literacy Volunteers in front of the CSC front lobby sign

-In addition to volunteer orientations, CSC's Camp Manager Jenny Schaeffer is training eight new and returning camp volunteers who will be supporting programs and activities for Winter Weekend at Highbrook Lodge February 22<sup>nd</sup> – 24<sup>th</sup>.

-Tony the Builder – can he fix it? Tony the Builder – YES HE CAN! Thank you to volunteer and CSC Optician Tony Becker. As an evening recreation volunteer, Tony learned about an opportunity to build a high-contrast interactive board for Children & Young Adult Services (CYAS), a board based on the active learning philosophy. Now hanging in CYAS’s own Early Intervention room in the CYAS wing of the first floor, the board is a useful tool that can promote play in a universal way.



Photo of high contrast board

-The Economics of Volunteer Work: the group Independent Sector tracks the value of volunteer work. This year, it averages \$24.69 per hour, up more than 2 percent from last year. Independent Sector says 63 million Americans volunteer about 8 billion hours of their time per year. To learn more about the value of the volunteer hour in a brief two-minute audio segment, click [here](#).

### **Articles of Note:**

-Did you know “Tech Neck” is the act of stressing muscles while using phones, tablets, and computers, resulting in neck and shoulder pain, stiffness, and soreness, is a problem that’s getting worse. An article on “How to Prevent ‘Tech Neck’” was recently posted in a Health Matters segment. For the full article, [click here](#).

-Check out this article from the New York Post about five guide dogs who will be running the New York City Marathon with a runner who is blind. To read the article, [click here](#).

-From falafels to mischievous sloths, dozens of new emojis will bring greater diversity to messaging applications this year, as the organization behind the symbols responds to a number of campaigns. The introduction of image-based characters such as hearing aids, wheelchairs, prosthetic limbs and guide dogs will help redress the underrepresentation of people who are disabled on the emoji keyboard, while there will also be a wider range of mixed-gender and ethnicity couples for users to choose from. To read more on this article from The Guardian website, [click here](#).

-A U.S. Navy veteran who lost his sight has received service dogs in the past from Wags 4 Warriors. He currently works for that organization as a trainer and was featured on WKYC Channel 3 recently. For the full story, [click here](#). Channel 3 is teaming up with Wags 4 Warriors for a special project, sponsoring a service dog to unite with a veteran. For more, [click here](#).