



Keeping You “In the Know...” 5/12/17

A Note from the Annual Meeting:

- To Marcia Houston, Steve Frohwerk and the Staff of Cleveland Sight Center:

First, I want to extend a hardy thank you to the invitation to be a guest at the Annual Meeting of Cleveland Sight Center. As I looked around the room, I saw great support and dedication of the sight challenged community. Being a woman that has had involvement both internally and externally with CSC, I maintain a positive outlook on how beneficial the relationship has been in my life.

I was initially anxious with the intended task of speaking at the Annual Meeting. The audience and supporters of CSC made me truly comfortable giving me the capability to chat with Marcia as if "it was just her and I chatting amongst ourselves." Thank you also for allowing me to invite a few of my support peers and guides throughout my journey. They were able to learn some of the great attributes of CSC and how it was a part of my livelihood. We are forever changed for this celebration of sight.

The Nadira Collection presents, Visions Charity, *“From Paris to Cleveland,” An Elegant Affair* on Sunday, September 10, 2017. This evening of fashion will transport you from the shores of Lake Erie to a Parisienne Café on the Champs Elysee where we will whet your appetite for beauty featuring the latest designs of master designer Stephanie Morris Nunn. I truly hope that you will be able to attend this most awesome occasion.

For more information, please do not hesitate to contact me at 216-258-2214 or via email at nadiraww220@gmail.com.

Thank you again, you mean the world to me....

Warmest Regards,

Stephanie Nunn

Walk for CSC on June 3rd!

- On behalf of the White Cane Walk Committee, Chaired by Trustee Sara Parish, we invite you to join us for a 1.25 mile walk (and other fun activities) to raise funds and awareness for CSC. This year's event will be held right here at 1909 East 101st Street on Saturday, June 3rd!

WHAT IS WHITE CANE WALK? White Cane Walk is CSC's annual event to raise critical dollars needed to support our mission and raise awareness of our agency and the services we provide.

WHY SHOULD YOU WALK? Over its 12-year history, White Cane Walk has raised over \$550,000 in support of CSC. These funds are vital to keep many programs and services available to clients, many of which are not covered by medical insurance, including white canes. This event is also a great way to show family, friends and colleagues the fantastic agency we call our work "home".

WHAT'S NEW? This year's walk will include a traditional 1.25 mile walk starting at CSC and heading towards the Art Museum Lagoon, where walkers will circle the lagoon's paved pathways and head back to CSC. After the walk, participants will be able to try activities of daily living, including walking with a white cane through the Empowerment Park! The Cleveland Metroparks NatureTracks interactive vehicle will be on site too! A balloon artist and face painter will be here in addition to music, dancing, contests and food so there is something for everyone at White Cane Walk!

HOW CAN YOU HELP? Register to walk (adults \$15 includes event t-shirt; children 10 and under are free) at www.whitecanewalk.org or set up a fundraising team to share with family and friends (www.whitecanewalk.org). Consider helping as a volunteer by contacting Melissa Bresnahan at x4581. Exact volunteer duties are being finalized by the White Cane Walk Committee but there will be a need for event set up, sighted guide partners, raffle, and tear down. (Staff needed to perform their work functions that day have already been contacted.)

HOW ELSE CAN YOU HELP? Share the event with everyone you know! Spread the word on social media. Can't make it? Please consider a donation to this year's event or a team.

For more information, visit www.whitecanewalk.org or contact Steve Frohwerk (216-791-8118) with any questions or help setting up a team. Thanks for your continued support of CSC!

Educating the Community and Strengthening Partnerships:

- Board Trustee Fred Jones brought a group of 10 guests to CSC on Tuesday, May 9th for a tour of the agency and question and answer session over lunch, which was joined by Karen Hiller, Alicia Howerton and Steve Frohwerk. The members of the group were very interested in learning about the agency and looking for ways to possibly become involved in the future. Thank you, Fred, for engaging your friends and colleagues to CSC and our mission.
- Barb Williams from the CYAS department presented to a group of 50 at the Ohio Center for Deafblind Education (OCDBE) family retreat this past weekend at Deer Creek State Park. Her presentation was titled "Onward & Upward: Navigating Your Way from Early Intervention to Preschool."

- Barb Piascik, Tom Sawyer and Susie Meles attended Gary Clauson's Vision Fair in Avon Lake on Friday, May 5th.
- Susie Meles presented the "Blindness Basics" program to staff members of ARC of Medina County on Tuesday, May 9th.
- Desmond Kennedy made visits this week to Ophthalmology Consultants Inc. and Brookdale Senior Living, both in Wickliffe. He also attended the Independence Health & Wellness Fair to promote CSC's programs and services.
- Annette Jakse attended informational meetings at Brookdale in Westlake and Governor Port in Mentor to recruit groups for the Senior Independence Fund.
- CSC is mentioned in a Cleveland Clinic article highlighting the Argus II retinal implant device. [Click here for the article.](#)
- Highbrook Lodge received a grant from Cleveland Clinic to financially assist in sending clients that live in the city of Cleveland to camp this summer. The camp team is looking to identify clients who may be interested in attending a session of camp who could benefit from this grant. Clients of all ages are eligible! If you know of someone who may be a good fit, please email Lindsay at lloew@clevelandsightcenter.org as soon as possible.

Activities Galore in Therapeutic Recreation (TR):

- The Therapeutic Recreation team is keeping clients active and busy this spring season. For additional information or to get involved, contact Mollie Evans (216-791-8118).

Winner's Club

This week, the Winner's Club welcomed Kevin Barrett from the Broadview Heights chapter of the Lions Club. Kevin educated clients on the mission of the Lions and the global benefits of joining. Kevin

also presented a beeping kickball that the Lions donated to Highbrook Lodge.

Audio Describing

Last Friday, the TR department hosted a training session for new audio describers. Audio describing is a service provided for theater patrons by Cleveland Sight Center volunteers. During the session, two CSC volunteers and three staff members from the Great Lakes Theater Company were trained on the history of the program, equipment use and describing techniques. Volunteers will put this new knowledge to use when requests for audio description for upcoming shows are received.

National Fitness Challenge

The numbers are in! Cleveland Sight Center's participants in USABA's National Fitness Challenge had the highest step count in Ohio for the month of April, narrowly beating out Cincinnati. Participants have been working hard to get their steps in and sync their Fitbits regularly. Keep up the good work for May!

Devising Healthy Communities

This Wednesday marked the first of four meetings for the Devising Healthy Communities workshop. This workshop is comprised of the Therapeutic Recreation staff, CSC clients, medical students from the Lerner College of Medicine, and a local poet, Katie Daley. Throughout the four weeks, clients learn more about poetry and share their stories with students in the community. Stay tuned for some of our poetry selections!

Viva Dance!

This Thursday, Mollie Evans traveled to the Viva Dance Studio with one of the participants in CSC's Latin Dance Class. The two were able to show off what they've been learning in class and participate in a bacchatta dance party with members of the community. Thanks to the ongoing instruction from a Viva Dance Studio teacher, they didn't miss a beat!

News from Bright Futures Preschool:

- Spring has arrived in Bright Futures Preschool and so did the caterpillars! Recently, the students spent time making cards for CSC volunteers, had the doctor's office open for more than a week and celebrated those students with summer birthdays. In addition, the class continued their horseback riding fun and hosted a Mother's Day Tea Party, complete with tea, muffins and story reading with their special guests. The students presented flower pots to the mothers which they had planted sunflowers in them. At the end of the week, the caterpillars had turned into butterflies, which the class released into the Empowerment Park!



The jar of caterpillars



A student looks at an x-ray



Four students with their riding helmets on



A student brushes the horse



Students release their butterflies from the net

Eyedeas Shop's Featured Product of the Week: Prism Bed Specs

- The Prism Bed Specs are glasses you can wear while lying on your back. Whether you cannot sit up or have an injury that won't allow you to sit upright, these glasses will allow you to view television in a horizontal position. Using a series of mirrors to reflect vision 90 degrees downward. [Click here for a video describing more](#). Included with the glasses are a carrying case and cleaning cloth. The price is \$27.50.



Prism Bed Specs with case and cleaning cloth

- Also being featured: Cleveland Sports Teams Lanyards. Display your fan loyalty for the home teams, keep your keys handy and/or display your CSC work ID around your neck. These sporty lanyards are only

\$3.00 each. A variety of other patterns are available as well. Proceeds benefit CSC's CYAS department.



Cleveland Indians and Cleveland Cavaliers lanyards

- Can't make it to the Eyedea Shop at CSC? Then check out the product offerings online at www.eyedeashop.com and purchase items from the comfort of wherever you may be!

Congratulations, You're Awesome!

- Congratulations to Kevin Krencisz, winner of the Random Acts of Awesome Award, who was nominated by Mollie Evans and Lindsay Svarovsky. Congratulations to all who were nominated for the award, including:
 - David McKee, nominated by Melissa Bresnahan
 - Sherry Raymont, nominated by Jim Hlavaty
 - Debbie Ruffin, nominated by Judy Post
 - Ryan Sima, nominated by Cathy Javorsky



Lindsay Svarovsky, Mollie Evans, Kevin Krencisz and Larry Benders

Items of Note:

- CSC recently hosted representatives of The Hanover Insurance Group for an annual walk through to support CSC's safety and risk management efforts. During the walk through, the representatives observed excellent housekeeping throughout, the grounds being well maintained and mechanical rooms free of any storage. Congratulations to the Facilities Department for their work in keeping CSC a jewel and great place to work!
- Mark your calendars: Bright Futures Preschool End of Year Celebration will be Thursday, May 25th at 10:00 a.m. in the Clyde E. Williams, Jr. Auditorium at CSC. The theme will be "The Year in Review."
- The Job Club group will not meet during the month of May and looks forward to reconvening in June. Stay tuned for more information as details are arranged.
- Registration for upcoming summer 2017 camp sessions at Highbrook Lodge is now OPEN! The 2017 schedule with additional information is posted on the Highbrook Lodge pages of CSC's website, [click here](#). Any questions, contact the Camp team at x4596.

- CSC provides a wide range of activities for school-age children that are key to developing confidence and independence. The following CYAS programs are scheduled for this summer. Contact Sylvia Snyder (x8777) for more information.
 - Bright Futures Summer Day Camp (preschool ages)
 - ABCs Summer Day Camp (ages 5 – 8)
 - Career Exploration program (ages 14 – 16)
 - Summer Youth Work Experience program (ages 16 – 22)

[Click here](#) for each program's details posted on CSC's website.

- FirstEnergy has a recycling program for old refrigerators and freezers which gives you \$50 for your old appliance. For pickup or more information, call 855-485-7463 or visit www.energysaveOhio.com.

Did You Know?

- Almonds are a member of the peach family.
- A dime has 118 ridges around the edge.
- "Dreamt" is the only English word that ends in the letters "mt".
- The invention of scissors is frequently attributed to Leonardo DaVinci.
- Maine is the only state whose name is just one syllable.