



Keeping You “In the Know...” 5/4/18

Annual Meeting of the Board of Trustees Held May 3rd:

- CSC’s Annual Meeting of the Board of Trustees was held Thursday, May 3rd at Corporate College East. Board Trustees, staff, donors, volunteers and many other friends of CSC enjoyed this evening reception event. The meeting began with Board Chair Sheryl King Benford welcoming all and was followed by Board Trustee and Immediate Past Board Chair Tom Furnas, who presented the report of the Board Development and Governance Committee and presented the slate of Trustees for the coming year. CSC welcomes Orlando Dangond, Kevin R. McKinnis and Dr. Jennell C. Vick as new members of the Board of Trustees and congratulates Charles K. Koster, MD and Scott Mueller on their election as Trustee Emeriti. Larry Benders followed with his remarks on the last year and where the agency is headed in 2018. The Board then held the election of Officers and members of the Executive Committee. Congratulations to the new officers of the Board:
 - Sheryl King Benford, Chair
 - Howard A. Lichtig, First Vice Chair
 - Robert L. Hartford, III, Vice Chair
 - Nathan Kelly, Vice Chair
 - Erin C. Ploucha, Vice Chair
 - Bonita G. (Bonnie) Teeuwen, Vice Chair
 - Wally Anders, Treasurer
 - Joan U. Allgood, Secretary

The evening’s program concluded with the “Partner for Life Award” presented to the Association of Indian Physicians of Northern Ohio (AIPNO) and a wonderful conversation with friends of CSC John & Alyson Schoff, moderated by Sylvia Snyder. Sylvia and John & Alyson

provided a fantastic presentation titled “Every Family Has a Story” that wrapped up a great evening for CSC.

Thanks to those who attended and assisted with the Annual Meeting. The room was full of energy, excitement and great spirits as CSC continues to move forward!



Board Chair Sheryl King Benford calls the meeting to order



Board Trustee Tom Furnas welcomes new members of the Board



Charles K. Koster, MD receives a standing ovation



Larry Benders presents the Partner for Life Award to AIPNO representatives



Sylvia Snyder moderates a conversation with John & Alyson Schoff



Guests enjoy the food and beverage at the event

White Cane Walk is Less Than a Month Away!

- This year's **WHITE CANE WALK** is less than a month away! This year's event will once again be held right here at CSC on Saturday, June 2nd! Register to walk, join a CSC staff member's or Board Trustee's team or create your own a team (adults \$15 includes event t-shirt; children 10 and under are free) at www.whitecanewalk.org. White Cane Walk is CSC's annual event to raise critical dollars needed to support our mission and raise awareness of our agency and the services we provide.

HOW CAN YOU HELP? Register to walk, join a CSC staff member's team or create your own a team! Share the event with everyone you know! Spread the word on social media, send emails to friends and share the event brochure with others. Can't make it on June 2nd? Please consider a donation to this year's CSC team.

If you have any questions or would like help setting up a team please contact Steve Frohwerk (x4562 or sfrohwerk@clevelandsightcenter.org) .

Engaging the Community and Strengthening Partnerships:

- Barb Piascik, Randy Knapp and Erin St. Denis shared information about Cleveland Sight Center and sold products from the Eyedea Shop to seniors at the Low Vision Fair at Independence Village in Avon Lake this week. Randy Knapp and Erin St. Denis then presented “An Introduction to Low Vision Accessibility Features of a Smart Phone.” Did you know CSC provides iPhone training for low vision accessibility features and an advanced training for Voice Over? Look for introductory Android training coming soon!
- Another group of architects, designers and marketers bidding on the new library project on Martin Luther King, Jr Boulevard visited CSC this week for a tour and accessibility walkthrough to learn more about making the library on accessible for those who are blind or have low vision. They also conducted some interviews on considerations to make the facility accessible.
- Two students from Independence High School received a perfect score in an "Educator's Rising" competition, which is a national, performance-based event where teenagers who aspire to teach demonstrate their knowledge, skills, and leadership in the field of education. There are many areas in which to compete including lesson planning, public speaking and children's literature. Students Maddie Fichter and Abbey Bugaj chose to write and illustrate a book for the K-3rd grade literature category. There were many rules they had to follow such as the cost for printing and binding had to be under \$25 for 16 pages. The book also had to be written in English as well as a second language. Maddie wanted the second language of the book to be Braille for the visually impaired. After persistent phone calls to the judges, they accepted Braille as the book's second language. In the 27 years that this contest has been held, this is the first time anyone has created a Braille book. The students have been working with Jennifer Dean in CSC's Braille department and recently visited CSC with their entire class where they also got to tour and visit CSC's education department with Sylvia Snyder. [Click here for the full article.](#)

- Lisa Cellura, Cathy Javorsky and Avenue presented a program on the agency and various careers in vision rehabilitation to students in the Cleveland school districts “True2U” career exploration program this week. Lisa Cellura and Alicia Howerton conducted two staff trainings in “Blindness Basics” at Montefiore Assisted Living Facility in Beachwood on Wednesday.
- Desmond Kennedy and Laurie Schlickman combined contacts and outreach efforts to conduct marketing visits with various doctors at both the Cleveland Clinic and MetroHealth this week.
- Thanks to the students from Case Western Reserve University who assisted with cleaning the PREP room on Friday, April 27th. Students helped check for expired food items and worked to clean out the refrigerator as well as the counters and sinks in the PREP room.
- A group of 52 volunteers from Direct Energy helped out at Highbrook Lodge on Tuesday, May 1st with tasks including removing wallpaper, painting, raking, trail maintenance, repairing picnic tables and prepping on-the-go game cards for staff to use with campers. Volunteers had a long, hard day of work, and finished their day by donating \$5,000 to help support camp!



The Direct Energy Volunteer Group

- 20 young volunteers from Caring Cubs came to make a difference at CSC together with their parents on Wednesday, May 2nd! Volunteers started their day learning about blindness and low vision and some of the other senses that can help people who experience blindness or low

vision succeed in their everyday lives. Guide Dog Avenue made an all-star appearance during this talk, together with Lisa Cellura and Cathy Javorsky. After the talk, volunteers planted flowers in the front yard, then ended their day with some fun on the playground in CSC's Empowerment Park!



Avenue enjoys time with his new volunteer friends



A little one shows off his planted flower



Volunteers smile as they plant flowers together



A few youngsters in the Caring Cubs volunteer crew

What's Happening This Week in the Eyedea Shop:

- The Eyedea Shop's product of the week is the Cocoon Fitover Computer Glasses. Please read the information below to learn more about this protective eyewear and how they can be beneficial. The Eyedea Shop carries these glasses in medium and large unisex sizing and the price is \$69.90.

Computer Fitovers

If you wear prescription glasses you need these! Cocoons Eyewear, the world leader in fitover sunglasses and low vision filters, now offers the world's finest fitover computer glasses! These Cocoons fitover computer glasses are equipped with advanced technological lenses specifically designed to remove the bad blue light that can cause Computer Vision Syndrome (CVS). The computer glasses are specifically designed to block the harmful high energy visible (HEV) blue light that emanates from computer screens, tablets, televisions, fluorescent lighting and cell phones. This is the blue light that can cause sleeplessness, tension headaches and eye strain, which are the main symptoms of what is now known as computer vision syndrome. Even worse, prolonged exposure to HEV light can lead to serious eye disorders such as age-related macular degeneration and cataracts.

The specially formulated lens system targets and filters the bad HEV blue light and removes it before it can reach your eyes. The remaining filtered light helps your eyes relax and helps to eliminate those

troubling CVS symptoms. Your eyes enjoy crystal clear visual acuity and natural color representation.

The lens system blocks 100% of harmful UV light and 60% or more of harmful HEV blue light, while providing 93% overall visible light transmission. The unique filtering properties of this lens system effectively reduce scattered blue light and improve contrast without compromising overall light transmission. The lens system is highly scratch resistant.

All Cocoons computer glasses include the legendary Cocoons case, a lens DuraCloth and the Live Eyewear lifetime warranty.



Cocoon Fitover Glasses with case and display box

- If you are or someone you know is an artist who is blind or has low vision, consider submitting artwork to grace the cover of some of the 2018 Holiday Cards. The requirements for this year's cards are as follows: artist must be blind or have low vision; two submissions per artist; if submitting in digital format, artwork must be 300 DPI, entry window is May 7, 2018 – August 10, 2018; submit entries to bpascik@clevelandsightcenter.org. Cleveland-themed entries always do well. Any questions, please contact the Eyedea Shop (216-791-8118).

- Can't make it to the Eyedea Shop at CSC? Then check out the product offerings online at www.eyedeashop.com and purchase items from the comfort of wherever you may be!

Item of Note:

- Job Club will meet on Thursday, May 10th in Cleveland Sight Center's Clyde E. Williams, Jr. Auditorium from 10:00 a.m. – 11:30 a.m. and welcomes guest speaker John Germaine, Inclusion Specialist for Giant Eagle North/West division. John will give a presentation about what it is like to work in grocery retail and discuss possible positions with Giant Eagle. Dress professionally and bring your resume.

Did You Know?

- If you replace "W" with "T" in "What, Where and When", you get the answer to each of them.