

# Keeping You "In the Know..." 6/29/18

### What's Happening at CSC:

 CSC's Bright Futures Summer Program for young clients has wrapped up their third week of programming with a wonderful array of activities for the 11 participants. Lead teacher Abby Schwartz and assistants Emma and Melissa, supported by CSC's team of therapists, have created a fun and happy learning environment for the preschoolers. The program continues for another week.



Young guy plays in the water tray



Little boy enjoys the swing and bubbles



Youngster finishes her art craft



Youngsters play with soap, water and dishes

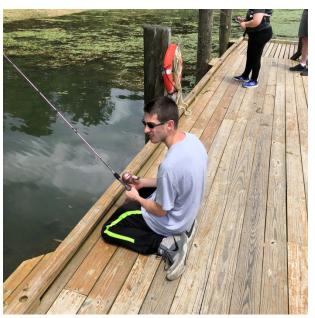


A little guy practices his cane usage in the courtyard

 The 13 Summer Youth Work Experience (SYWE) participants had another busy week of activities including bowling, fishing and movies. They continue to work 20 hours per week at five different job sites in addition to all the necessary tasks: cooking, cleaning, laundry, grocery shopping...its exhausting being an adult!



Workers pack boxes at the Food Bank



Participant enjoys fishing from the dock



Group of guys at the bowling alley



Workers at the zoo with a turtle

• The CYAS department hosted their quarterly "BLAST" event for "tweens" on Saturday, June 23<sup>rd,</sup> at Sweetie's Golf Land and Candy Warehouse. After engaging in ice-breaker activities, kids & volunteers played several holes of mini golf. Two clients played for the very first time and one girl even hit a hole-in-one! After lunch, the group ordered ice cream sundaes and milkshakes from Sweetie's Soda Shoppe, then wrapped up the day with a candy scavenger hunt inside Sweetie's

Candy Warehouse. Of course, everyone shopped and took home some sweet treats!



BLAST attendees in the candy warehouse

- CSC recognized the seven participants of the introductory braille program earlier this week for successfully completing the class. The group members received certificates embossed with braille and signed by Larry Benders and enjoyed a social to celebrate their achievements. The class members were extremely grateful for the opportunity to learn from Mary Jo Chisnell and also to come together socially to establish friendships and bonds. Some comments from the program participants:
  - -"It was hard work to be here but it was fun. Learning braille is going to totally expand what I can do! My sons are learning braille too!" Barb
  - -"I was amazed by Mary Jo. She was always light-hearted and bubbly...even though she cannot see, she's so positive. She made me realize I do matter. Thank you, Mary Jo!" Pamela
  - -"I'm 75 and I didn't think too much about Braille. But it matters to me now. My sister is 89 and lost her sight and hearing and she's totally isolated. I now know I won't be." Linda

- -"I want to go back to work. I learned something new and it's going to help me in the future." Ken
- -"I have been looking for ways to stay as independent as I can. Braille is an integral and important part to keeping my independence." Gloria



Braille class graduates proudly display their certificates

The Eyedea Shop will host a "Lunch and Learn" on Tuesday, July 10<sup>th</sup> for a new product called Cyber Eyez. The session will be held from 12:00 p.m. – 1:00 p.m. in the Clyde E. Williams, Jr. Auditorium. To get a sneak peek at the product, <u>click here</u>. Please RSVP to Jackie Bumba (216-791-8118) if there is interest in attending.

# Engaging the Community:

 Alicia Howerton and Tom Sawyer presented the "Aging Eye" program at Gunning Rose Center in Cleveland this week to a group of 50 people. They also visited Lake County Council on Aging where they talked with staff and left collateral with the Executive Director. Desmond Kennedy represented CSC at Rockwell Automation's "World" Health Day" health fair and spoke with staff at Cleveland Clinic - Stephanie Tubbs Jones Health Center this week.

## Low Vision Support Group Special Event at Highbrook Lodge:

A special event for the Low Vision Support Groups – current participants and past participants – will be held at Highbrook Lodge on Monday, July 2<sup>nd</sup>. Attendees will enjoy line dancing, chair exercises, open bowling, bingo, chess, trivia, swimming, along with neck and shoulder massages and manicures! For more information or to make a reservation, contact CSC's social workers at 216-791-8118. Cost is \$30 per person and includes transportation from CSC to Highbrook Lodge and back.

## Highbrook Lodge Kicks Off Summer!

• With excitement and great jubilation, Highbrook has kicked off Adult Celebration! Monday, June 25<sup>th</sup> officially rolled out the "red carpet" for the season's first campers to experience Highbrook Lodge's 90<sup>th</sup> summer! The Adult Celebration session serves campers with other disabilities in addition to their vision loss, including campers who are deaf/blind. Throughout the week, campers have taken part in games, music performances, plant identification, fire building and more! Campers ended the days participating in all camp evening programs including a fashion show, big screen trivia, movie making and a paparazzi dash. In addition campers were able to choose to participate in a canoe trip or an outing to Hasting's Dairy Farm and enjoyed Jungle Bob and his tactile animal show. Throughout the session staff members worked closely with campers utilizing the benefits of camp activities and the camp experience to work towards group and personal goals of the campers. One camper, Loretta, paddled her canoe by herself for the first time, because camp "taught her to be more independent". We are looking forward to the rest of our summer!

#### What's New in the Eyedea Shop:

• The new Big Button Braille Telephone is a great choice for anyone who struggles with low vision or those individuals who are blind. The numbers and buttons are large with contrast and are also have braille. It has a 10-number programmable memory; the first three programmable numbers have a specific large button which also allows a photograph to be added for each parson. Please note this phone does not have a speaker function. The price is \$50.00.



Image of big button braille telephone

 The clearance item of the week is the Super Grip Shower Suction Mount Handle. Use for stability only, not for full body weight support. The handle attaches without tools by suctioning to tub surroundings or ceramic tile and it releases from the surface by lifting its lever. The price is \$12.50.



Image of the super grip suction handle

- If you are or someone you know is an artist who is blind or has low vision, consider submitting artwork to grace the cover of some of the 2018 Holiday Cards. The requirements for this year's cards are as follows: artist must be blind or have low vision; two submissions per artist; if submitting in digital format, artwork must be 300 DPI, entry window is May 7, 2018 August 10, 2018; submit entries to <a href="mailto:bpiascik@clevelandsightcenter.org">bpiascik@clevelandsightcenter.org</a>. Cleveland-themed entries always do well. Any questions, please contact the Eyedea Shop (216-791-8118).
- Can't make it to the Eyedea Shop at CSC? Then check out the product offerings online at <a href="www.eyedeashop.com">www.eyedeashop.com</a> and purchase items from the comfort of wherever you may be!

#### Items of Note:

• The weekly "In The Know" newsletter will not publish on Friday, July 6<sup>th</sup>...it will resume on Friday, July 13<sup>th</sup>.

Please be aware that as of this week construction crews moved traffic
to the southern half of Chester Avenue as they continue resurfacing
work on the northern half of Chester. The crosswalk landings on the
south side of Chester Avenue at E. 101<sup>st</sup> are for the most part
complete. Continue to use caution and solicit assistance if needed until
this construction project wraps up sometime later this summer or fall.

#### Did You Know?

 Thomas Jefferson drafted the Declaration of Independence on a "laptop," a kind of writing desk that could fit on one's lap. Only two people actually signed the Declaration of Independence on July 4<sup>th</sup>: John Hancock and Charles Thomson, secretary of Congress. Most of the others signed on August 2<sup>nd</sup>.