



Keeping You “In the Know...” 8/11/17

CSC Receives \$135,000 Estate Gift:

- CSC this week received a gift of \$135,000 from the estate of Laura Ann Roberts, who lived a large part of her life in San Mateo, CA but has family ties to Northeast Ohio. Her estate was shared between nieces and nephews, Oberlin College, the Cleveland Museum of Art, Cleveland Clinic and CSC.

Spellbound is Friday, September 15:

- CSC’s annual fundraising gala, Spellbound, is scheduled for Friday, September 15th at Landerhaven. This year’s event is “An Evening to Empower” and will feature Author & Speaker Michael Hingson as well as raise important funds for CSC’s Empowerment Fund. Michael Hingson, blind since birth, escaped the World Trade Center on 9/11 with his guide dog, Roselle. From the day he received his first guide dog at age 14, Michael has developed skills in leadership, trust, teamwork, adaptation – skills he passes on to readers and listeners. For more information on Michael, [click here](#). Event invitations will be mailed in the next week. If you have interest in attending, please contact Steve Frohwerk (216-791-8118) for more information on the event.

Educating the Community and Strengthening Partnerships:

- Geauga County Commissioner Walter M. (Skip) Claypool visited Highbrook Lodge late last week to tour the grounds and learn more about CSC. The Commissioner was introduced to the agency by Board

Trustee Fred Jones, who joined Chris Gruber, Kevin Pye and Lindsay Svarovsky at Highbrook Lodge last Friday during the visit.

Commissioner Claypool asked CSC to speak at an upcoming Commissioners Meeting as well as at his church to present the programs and services offered by CSC.

- First-year medical students from Case Western Reserve University visited CSC each day this week to interview client volunteers as part of a field experience to teach students the human side of medicine. The clients provided information to the students regarding blindness basics, what to do when you meet someone who is blind and helpful questions to ask when meeting with patients. A total of 16 medical students and 16 client volunteers participated in this annual program.
- The CYAS department hosted its annual teacher meeting on Thursday, August 10th. Titled “See What’s Possible,” the all-day workshop provided information, demonstrations and strategies to approximately 50 teachers and other school personnel who will be (mostly for the first time) providing services to a student with low vision or blindness. Final evaluation comments included: “This was an awesome day!”, “Will be back next year!” and “How lucky we are in Cleveland to have this center available for parents, children & educators!” Thank you to all of the CSC staff who adjusted your daily routine to accommodate this large group.
- Desmond Kennedy visited with Cirino Eye Center in Brunswick and staff at Alessio Eye MD in Strongsville this week.
- CYAS hosts an afternoon at CSC for those “tweens” ages 9 – 13 to enjoy pizza, ice cream sodas, game day and an opportunity to meet other area kids on Saturday, August 19th from 1:00 p.m. – 3:00 p.m. in the Clyde E. Williams, Jr. Auditorium. For more information on this invite-only event, contact Kristen Callahan (216-791-8118).
- As the Call Center begins work on the Help Me Grow project, staff can learn more about the program by visiting this link:
<http://www.helpmegrow.ohio.gov/>

Summertime Stepping!

- Through the first five months of the 2017 National Fitness Challenge, 342 participants have already eclipsed the number of steps accumulated during the entire 2016 National Fitness Challenge. With over 320,000,000 steps and 141,000 miles, participants from across the country have taken this challenge head on. Even during the warm weather of summer, cities have shown steady improvement to increasing their activity levels on an individual and group level. Congrats to those participating on CSC's team as they recorded 3,507,260 steps in the month of July, which placed them 9th out of 25 participating groups! Keep on movin' team!

A Great Summer at Highbrook Lodge:

- Where in the world are you able to listen to hit Broadway musicals, travel down Route 66, visit a safari and save far away kingdoms, all in six weeks? Why, Highbrook Lodge of course! CSC's camp is now closed for the summer, but remained busy until the very end. This year, Highbrook Lodge welcomed 20 seasonal staff members and 149 campers! Prior to the start of camp, staff members attended staff training for seven 14-hour days. After training, they were ready for their first campers. This year, the camp team facilitated 11 sessions, with clients from the ages of three months to 82 years old. The progress of clients was regularly recorded to measure growth in areas of physical, social, cognitive, emotional and spiritual well-being. Campers were able to take advantage of a number of traditional camp activities such as archery, candle making, hiking and canoeing during their stay. With the 89th summer in the books, the camp team is already looking forward to next year!

Last weekend, participants in the National Fitness Challenge were invited to Highbrook Lodge for 24 hours full of activity! The weekend

was kicked off by a question and answer period with Daryl Walker, a two time Paralympian in the sport of goalball and part of the silver medal USA team that competed in the 2016 Rio Games. Daryl shared his experiences with goalball and the Paralympics with NFC participants and Highbrook Lodge staff. He even brought his silver medal for everyone to see! Daryl taught goalball skills, including throwing and blocking, and then demonstrated some throws. After talking with Daryl and trying goalball, participants spent the weekend trying a variety of activities, ranging from candle making to yoga to archery. Thank you Daryl, Highbrook Lodge, and everyone involved!

Highbrook Lodge's Seasonal Camp Schedule Now Available:

- Highbrook Lodge offers adult seasonal camps in addition to the summer schedule. Seasonal camps are much like summer sessions, except condensed into a wonderful weekend with activities based around the season!

Fall Weekend 2017:

Arrive to Camp: Friday, Oct 13 – 6:00 p.m.; Depart Camp: Sunday, Oct 15 – 12:00 p.m.

Transportation from CSC* - **\$15** (*arrive to CSC by 4:00 p.m. Friday; returns 1:00 p.m. Sunday)

Cost: **\$65**

Register and pay by October 5th. Register by calling/emailing Lindsay at 216-658-4596 or camp@clevelandsightcenter.org. All seasonal camp campers must have up to date paperwork on file – summer 2017 paperwork is acceptable.

Winter Weekend 2018:

Arrive to Camp: Friday, Feb. 23 – 6:00 p.m.; Depart Camp: Sunday, Feb. 25 – 12:00 p.m.

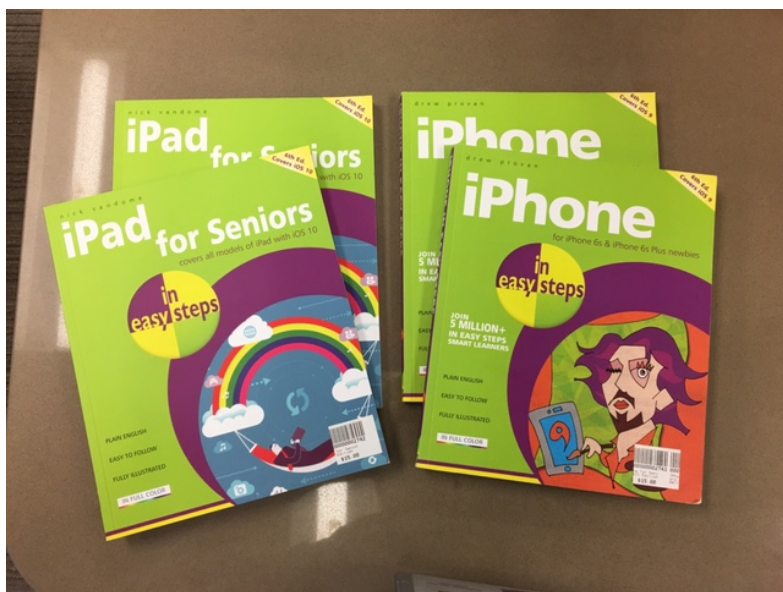
Transportation from CSC*: - **\$15** (*arrive to CSC by 4:00 p.m. Friday; returns 1:00 p.m. Sunday)

Cost: **\$65**

Register and pay by February 15th. Register by calling/emailing Lindsay at 216-658-4596 or camp@clevelandsightcenter.org. All seasonal camp campers must have up to date paperwork on file – summer 2017 paperwork is acceptable.

Eyedeas Shop's Featured Product of the Week: iPhone and iPad Books for Seniors

- New iPhone and iPad books for seniors are in at the Eyedeas Shop! The books break it all down for those who may struggle with all the technology that comes with these devices. These books will help teach how to use your new device and are fully illustrated in full color, they are easy to follow and understandable in clear English without the confusing jargon. Learn how to email, share photos and videos, download apps and so much more. The iPhone book is for the iPhone 6s and 6s plus. The iPad book is for devices with IOS 10. The books are \$15.00 each.



Braille stone keychains with black pouches

- There is still time to submit artwork for consideration of this year's Holiday Cards! If you are an artist who is blind or has low vision, consider submitting your artwork to grace the cover of some of the 2017 Holiday Cards. The requirements for this year's cards are as

follows: artist must be blind or have low vision; two submissions per artist; if submitting in digital format, artwork must be 300 DPI, entry window is July 1, 2017 – August 14, 2017; submit entries to bpiascik@clevelandsightcenter.org. Cleveland-themed entries always do well. Any questions, please contact the Eyedea Shop (216-791-8118).

- Can't make it to the Eyedea Shop at CSC? Then check out the product offerings online at www.eyedeashop.com and purchase items from the comfort of wherever you may be!

Congratulations, You're Awesome!

- Congratulations to Scott Ford, winner of the Random Acts of Awesome Award, who was nominated by Keith Filip. Congratulations to nominee Laurie Schlickman, who was nominated by Kristen Callahan.

Did You Know?

- The Earth gets 100 tons heavier every day due to falling space dust and the moon moves about two inches away from the Earth each year.