

**PLEASE KEEP THIS PAGE FOR YOUR REFERENCE**

**\*\*LABEL ALL ITEMS BROUGHT TO CAMP- INCLUDING THE OUTSIDE OF LUGGAGE\*\***

## Medication/Health Supplies

- Medication  
**(all must be in their original containers with an up-to-date, legible label)**
- Health care supplies ( chux's, wipes, attends, etc...)
- Diabetic supplies (alcohol pads, lancets, glucometer, test strips)

**Medication not in the original container or packed by a pharmacy will not be administered by camp staff.**

## Clothing

- Underclothing and socks
- Slacks/shorts for warm/cool weather
- Modest bathing suit
- Comfortable walking shoes or tennis shoes; we discourage flip-flops
- Warm jacket/sweatshirt
- Pajamas
- Laundry bag for dirty clothes (can be heavy plastic trash bag)
- Adults: one set of nicer clothes (for banquet evening)

## Toiletries & Hygiene

- Soap
- Deodorant
- Toothbrush & toothpaste
- Shampoo & conditioner
- Hairbrush
- Razor & shaving cream
- Sunscreen
- Bug spray
- Bath towel and washcloths
- Beach towel for pool

**WE DO NOT PROVIDE TOWELS**

## Other Items

- Raincoat/umbrella
- Water bottle
- Flashlight
- If applicable: white cane (please label)
- If applicable: dog food, food bowl, water dish, etc...
- Sleeping bag (bed linens/pillows are provided)
- \$10 to \$20 spending money for camp store (suggested; not required)

**HIGHBROOK LODGE IS NOT RESPONSIBLE FOR THE LOSS OR DAMAGE TO ANY PROPERTY**

**DO NOT BRING:** items of excessive value; alcohol or illegal drugs; electronic equipment like fans, stereos, televisions, or handheld video games; weapons of any kind; personal sports equipment; non-service animals. If driving to camp, personal vehicles may be parked in our lower parking lot (unless a handicap accessible spot is needed).