

OPENING THE DOOR

My name is Sheila Mino and Cleveland Sight Center is very special to me.

Twenty years ago, I noticed my vision changing. Lines and numbers which should appear straight would appear wavy or blurred. This mild distortion was identified as a condition called early on-set macular degeneration.

In 2008, my condition became more evident when I was driving down a divided highway and the oncoming traffic looked like it was coming directly into the center of my vehicle!

As my condition progressed, I lost some 3-D perception as well as the ability to discern the difference between the colors of navy blue, black and brown. I also found that adjusting to varying light conditions was difficult and painful.

Every step of the way made me feel like doors were closing all around me. I felt trapped.

In 2017, Cleveland Sight Center came into my life through a referral. I began attending the Transitional Life Counseling program which helped me cope with my changing vision while learning tips to complete daily tasks so I could regain my independence.

Next, they sent an Occupational Therapist to my home who helped teach me how to navigate it safely and comfortably.

Finally, they taught me to use different assistive technology tools and devices which gave me the ability to read small print items again.

Cleveland Sight Center opened every door of opportunity for me to gain confidence and to move freely into my future without fear. Thank you so much for your support of Cleveland Sight Center and for making a difference in my life and the lives of so many others!

