

February-May 2022 Leisure & Lifestyle Programming



VIRTUAL

To log into all virtual programs except yoga:
<https://zoom.us/j/3929667319> or call 1 646 558 8656 and input meeting ID 392 966 7319

For yoga: <https://bit.ly/3fw7Blm> or call 1 939 205 6099, input meeting ID 87 865 948, then input password 773 059

Weekly Programs

Yoga Tuesdays 4pm

Coffee Chat Wednesdays 10am

Trivia Wednesdays 4pm

Monthly Programs

Book Discussion

Second Tuesdays 10:30am-12pm

Think Tank

First Thursdays 10-11am

Ted Talks

Second Thursdays 10-11am

What Do You Know?

Third Thursdays 10-11am

Poetry w/ Shayna

Fourth Thursdays 10am-12pm

Sing It Out

Third Wednesdays 6-7pm

IN-PERSON PROGRAMS

Weekly programs end on May 17th, 2022

***all participants MUST show proof of COVID-19 vaccination to attend any in-person programming

Weekly Programs (Tuesdays)

11am Crochet, Craft, & Chat

12pm Lunch Orders & Round Table Discussions
(Must be physically present to order food)

1:00pm Lunch

2:00pm Music Therapy (1st and 3rd)
Movie (2nd and 4th)

3:00pm Piano (weekly)
(Piano students must attend every week—spaces limited)

Games (weekly)

Movie (2nd and 4th)

4:00pm Yoga (weekly)

Music Group (2nd and 4th)

Special Events

Winner's Club

Tuesday, March 29th

Women's Orchestra Performance

Sunday, April 24th

Spring Picnic

May TBD

Check the L&L Information Line
216 658 4600 for most recent information;
call 216 658 4598 with any questions