Keeping you II in THE KNOW.

10/15/21

Today is White Cane Safety Day:

-Cleveland Sight Center recognizes White Cane Safety Day today, October 15th! Every year we celebrate this day and the independence the white cane provides for people who are blind or visually impaired.

The white cane is an essential tool that gives users the ability to achieve a full and independent life, allowing people who are blind or visually impaired to move freely and safely from place to place — whether at work, at school or around neighborhoods and communities. The National Federation of the Blind assembled in 1963 and called upon governors of all 50 states to proclaim October 15th of each year in every state as white cane day. Then, on October 6th, 1964, a joint resolution of Congress (HR 753) was signed into law authorizing the President of the United States to proclaim October 15th of each year as "White Cane Safety Day". Within hours of the passage of this congressional joint resolution, then President Lyndon B. Johnson recognized the importance of the white cane. For more information on this important date, click here.

Check out Cleveland Sight Center's social media channels throughout the day for information about White Cane Safety Day including CSC's leadership through advocacy to get the white cane covered by Medicaid in the state of Ohio. The Marketing team is also sending an e-blast to the agency's email database with information about this important day.

October is Blindness Awareness Month:

-October is Blindness Awareness Month. From the website nationaltoday.com: Every October, Blindness Awareness Month brings a heightened focus on the blind and visually impaired community and the realities of living without sight. According to the World Health Organization (WHO), "everyone, if they live long enough, will experience at least one eye condition in their lifetime". The proof is in the numbers. An estimated 2.2 billion people around the globe suffer from some form of visual impairment or blindness – including everyone who simply wears corrective lenses. One billion of these cases could have been prevented or is yet to be addressed. So, we should all understand how to maintain optimal eye health and how to navigate life with visual impairments, whether for ourselves or loved ones. To read more, click here.

Delta Gamma Cleveland Westshore Alumnae Hosts "Night for Sight" to Benefit CSC!

-The Delta Gamma Cleveland Westshore Alumnae group has long been supporters of Cleveland Sight Center, through volunteering and financial support, as their foundation benefits Service for Sight. After having to skip the event in 2020, the group hosted their annual fall fundraiser "Night for Sight" at Around the Corner Saloon & Café in Lakewood last evening! Members of the Delta Gamma group were "celebrity bartenders" and all "tips" made and profits generated from a 50/50 raffle will benefit Cleveland Sight Center! Thank you DGs for your fantastic partnership and support!

Join Case for Sight for "Dinner in the Dark" to Benefit CSC!

-Case Western Reserve University's (CWRU) Case for Sight club is holding their annual "Dinner in the Dark" on Friday, October 29 at 6:30 p.m. Attendees will dine in the dark in CWRU's Thwing Ballroom at this annual fundraiser for Cleveland Sight Center. Case for Sight has reserved two tables for Cleveland Sight Center and we want you to attend! If you would like more information or to reserve your spot, please contact Haley Marblestone (x4565).

What's Happening at CSC:

-CSC staff visited classes at St. Mary of the Assumption School in Mentor this week to talk about blindness awareness and etiquette, guide dog benefits/behaviors and interactive activities for students under blindfold. The school's October theme is "I CAN the Way I AM" which is a school-wide disability awareness program that takes place throughout the month of October. The faculty, staff, parents and students devote class time to study a specific disability with the goal being to raise awareness about all that people with disabilities can do. The CSC team of Cathy Javorsky (Switchboard Operator) and guide dog Rogue, Alicia Howerton (Strategic Partnerships Manager) and Tom Sawyer (Outreach Specialist) represented that theme very well in a very engaging presentation and question and answer session. The team said Rogue did a wonderful job in his "in-dog" debut live presentation!







-Students in Bright Futures Preschool participated in the 2021 Great Lakes Apple Crunch on Thursday, October 14th, crunching on an apples together at lunch time! The day was filled with apple-related activities: counting apples, making patterns with apples, learning how to spell the word "apple", making an apple stained glass, listening to a story Under the Apple Tree, tasting a few different kinds of apples (everyone had a different favorite apple), playing at the apple market in their classroom and conducting an experiment to check if an apple will float or sink. Bright Futures Preschoolers love apples!

They also enjoyed a field trip to visit Royalton Farms Orchard and Luther's Farm Market in Richfield.

Image of a bag of Red Delicious apples

Image of two preschoolers walking in the apple orchard looking at an apple tree

Image of a preschooler looking at a rabbit in its cage while the farm worker looks on

Image of a preschool student sitting in the seat of the big tractor at the farm



-Leisure & Lifestyle Services (L&L) is bursting at the seams with reoccurring programs, special events and even overnights! Every Tuesday, L&L hosts recreation programs like yoga, line dance, crochet, piano classes and more from 11:00 a.m. – 5:15 p.m. The full schedule can be found by calling the Leisure & Lifestyle Information Line at 216-658-4600.



Image is of two clients and a staff member/volunteer during music group in the recreation room—two are playing guitars and one is playing the keyboard

Some upcoming special events include:

- · A festive Halloween Party on October 21st from 10:00 a.m.
- 12:00 p.m.; clients and staff are encouraged to come in costume and monster mash the morning away!
- On October 23rd from 10:00 a.m. 2:00 p.m., we're bringing the Fall vibes to youth campers at Highbrook Lodge! Campers will be decorating pumpkins, making scarecrows and wearing their favorite costumes. This event is \$10, and is open to youth clients 12–20ish years old.
- The triumphant return of in-person Winner's Clubs! Join us to learn about amateur radio, eat a meal, and win prizes on November 4th from 10:00 a.m. 12:00 p.m.!
- · In December, we're bringing back Holidays at Highbrook (December 10th, \$10) and Shopping for the Holidays (December 17th, \$15)!

And finally, Fall Weekend is OFFICALLY BACK! November 12th–14th, we'll host 15 campers overnight at Highbrook Lodge. Our campers, volunteers, and staff will help solve the mystery of the Highbrook Ghost, who has been playing pranks on L&L Manager Bobbie, Camp Ranger Kevin, and even Director of Facilities and Transportation Chris! Clients who are interested can get an application packet from the front desk of CSC or request one via email or fax from Bobbie at bszabo@clevelandsightcenter.org.

-Leisure & Lifestyle Services is also currently looking for volunteers for a multitude of opportunities—from one-time events like the Halloween Party, to weekly or bi-weekly opportunities like being a "Rec Runner", to overnights like at Fall Weekend! For more information about these volunteer opportunities, contact Steve Frohwerk.

-Join the Eyedea Shop's Leah Griffith (Business Coordinator) in the Clyde E. Williams, Jr. Auditorium on Wednesday, October 20th from 11:30 a.m. – 1:00 p.m. for a "Lunch & Learn" presentation on wearable low vision devices. Representatives from Envision and Advanced Low Vision will join Leah in presenting and demonstrating Envision Glasses, VisionBuddy and eSight 4 – three of the newest, most advanced products on the market for wearable low vision devices. Interested staff members & clients can contact Leah at x8734 or email Igriffitheclevelandsightcenter.org to RSVP to the event. Be sure to pack a lunch!

If you can't make it...or just can't wait until October 20th...Leah is available for product demonstrations! Please contact Leah to schedule a demo.

-The following upcoming in-service education opportunity is open to staff members. For additional information or to sign up, contact Keith Filip (kfilip@clevelandsightcenter.org or x8786).

October 28th: "The Importance of Proper Frame Fitting and Use of Tints"

Presented by Tony Becker and Erin St. Denis of Cleveland Sight Center's Low Vision Clinic. One reoccurring issue is children struggling to wear their corrective lenses. When should tints be considered?

Items of Note:

-Jasen Bracy, a 15-year-old starting quarterback, has a clear vision of what it takes to win on the field, even though he'll never see it with his own eyes. Bracy developed retinal cancer as a toddler. By the time he turned 7, his sight was gone. To read more, click here.

-Join Maximum Accessible Housing of Ohio (MAHO) for an accessible, family-friendly, outdoor movie night at Euclid Beach Park! We'll be showing a nostalgia-filled double feature, Casper (1995) and Beetlejuice (1988). Bring your own seating: camp chairs, blankets, cushions, wheelchairs, etc. Seating areas are concrete and grass, with some bench seating available. Free popcorn, candy, drinks and other fall treats, and activities will be provided! The "Roll-In" movie night will be held on October 16th from 6:30 p.m. – 10:30 p.m.

Use the discount code below for \$3 off general admission!

CODE: adaincle

Buy Tickets HERE

Did You Know:

-Did you know it has been said that each king in a deck of playing cards represents a great king from history:

Spades - King David Clubs - Alexander the Great Hearts - Charlemagne Diamonds - Julius Caesar