

6/3/22

Get Ready to Walk...White Cane Walk is Tomorrow!

-White Cane Walk is tomorrow! Thank you to everyone who has donated or registered thus far in support of our \$50,000 fundraising goal. We are currently less than \$1,000 away from our goal!

Because of your support, more people like Owen will be given the tools they need to be independent and thrive. "Our grandson, Owen, was born blind. He is now three years old and has just started at a public pre-school. Cleveland Sight Center has worked with the entire family from 2 weeks after birth, and the result is that he was totally prepared for entering a sighted world at his school. He is now using a white cane and is beginning to learn how to navigate the greater world as well as familiar spaces. For us, CSC has been a miracle!!" – Anne, grandmother of Owen.

Please join us on what looks to be a beautiful sunny morning and invite your friends and family to join you at the event by registering to walk (\$20/walker) or making an individual donation at www.whitecanewalk.org. Donations will be accepted through Friday, June 24th.

Schedule:

9:00 am: Registration and activities begin

10:00 am: One-mile walk begins

12:00 pm: Event ends

Cleveland Sight Center to Host Vision Fair for Seniors:

-Spots are available for the upcoming vision fair for seniors on Thursday, June 16th at Cleveland Sight Center from 9:30 a.m. – 12:30 p.m. CSC hosts the vision fair in partnership with Opportunities for Ohioans with Disabilities (OOD) and presentation topics will include:

"The Aging Eye: Common Eye Conditions" presented by Annalisa Schloss, OD

"When Glasses Are Not Enough" presented by Erin St. Denis, OTR/L and Bryan Manthey, CVRT

"Don't Get Tripped Up: Safety Tips and Avoiding Falls in Your Home" presented by Katie Lepis, CVRT

Program overviews of CSC and the OOD Independent Living Older Blind program will be given during this interactive morning which will also feature information tables, tours of the Eyedea Shop, raffles and snacks/beverages.

RSVPs can be sent to Tom Sawyer (Outreach Specialist) at 216-658-7339 or tsawyer@clevelandsightcenter.org.

Educating the Community:

-Katie Lepis (Vision Rehabilitation Therapist) recently gave a presentation about smartphone accessibility to a low vision support group at the Ehrnfelt Senior Center in Strongsville. Participants learned about the large print and contrast options, screen reading technology and accessibility apps available on iPhones and Android phones. The presentation concluded with a question and answer segment where participants tested out various apps and features and held a discussion about their own experiences with smartphone technology.

-Tom Sawyer (Outreach Specialist) connected with Senior Citizen Resources, Parma Heights Senior Center, Independence Place and the City of Independence to talk with staff to promote Cleveland Sight Center, Opportunities for Ohioans with Disabilities programs and the upcoming Vision Fair for Seniors. In addition, Tom presented a Cleveland Sight Center agency overview, session on blindness/low vision etiquette and promoted the Vision Fair for Seniors to staff members at Linking Employment, Abilities and Potential (LEAP), which is an agent of positive change, working to advance participation and equality in society for people with disabilities in Northeast Ohio. Founded more than 40 years ago by people with disabilities, LEAP serves over 1,500 individuals annually and works to promote social change to enhance the quality of life for people with disabilities. The majority of staff and board members are people with disabilities themselves.

What's Happening at Cleveland Sight Center:



comradery!

Image of Camp Ranger Kevin Pye smiling as he vacuums the pool
Image of Glenn Wickline painting the inside cabin wall
Image of Tony Becker grilling hamburgers and hotdogs

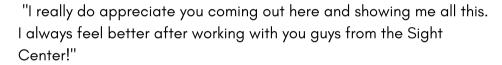
day at camp. And, of course, enjoyed some great food and

Image of Chris Gruber ringing the dinner (lunch) bell

-Thanks to the members of the Cleveland Sight Center team who spent their time last Friday at Highbrook Lodge, helping get camp ready for the 2022 summer season! Staff members painted walls, cleaned cabins and kitchens, organized sheds and enjoyed a lovely



-Here is some client feedback regarding participation in the Activities of Daily Living program and Orientation & Mobility training:





"I feel infinitely more confident in my ability to cross the parking lot." I feel like I got where I needed to go. I feel like I could probably do it on my own. I feel like I could make it to (the drugstore) too."

"I am so happy to begin getting some help. You just don't know how hard this has been on me."

-Volunteer Services is looking for Radio Readers and Share the Vision Volunteers. To learn more about each position, visit the Volunteer openings page of the CSC website here for job descriptions.



Items of Note:

-According to the Centers for Disease Control and Prevention (CDC), as the population of older people continues to accelerate, the number of people experiencing vision loss will continue to increase. And as the population of people experiencing diabetes increases, consequent increases will occur in diabetic retinopathy and other eye diseases.

Prevent Blindness America estimates that the population of people experiencing blindness and visual impairment will double by 2030 unless corrective actions are taken.

- -Don't forget you can make CSC "smile" when you shop throughout the year! When buying online items from Amazon, remember to shop at http://smile.amazon.com/ and select Cleveland Sight Center as your charity of choice. AmazonSmile will then donate .5% of your purchase back to CSC!
- -Take me out to the ballgame! Come enjoy a baseball game with a twist.

WHAT: A six-inning softball game between a team who is blind and a team of police officers who will be wearing blindfolds.

WHEN: Saturday, September 3, 2022 - 10:00 a.m.

WHERE: Wade Oval - University Circle, Cleveland, OH

This game is a fundraiser for the Cleveland Scrappers, a blind and visually impaired baseball team that compete all around the United States against other blind and visually impaired baseball teams. They will be playing officers from the University Circle Police Department.

The Cleveland Scrappers pay for all of their own expenses including uniforms, equipment and all traveling costs. Since there are no neighboring blind baseball teams in the area, all of their games are out of state.

No admission will be charged to this game but donations are welcome. Drinks and snacks will be sold and a raffle will be held with all proceeds going to The Cleveland Scrappers Team.

Please bring your own chairs or a blanket as this humbling game will be held on a grassy field made into a baseball diamond for the morning.

For additional information, contact Sergeant Adam Gilmore (adam.gilmore@universitycircle.org).

Did you Know:

-Did you know June's full moon, typically the last full moon of spring or the first of the summer, has traditionally been called the "Strawberry Moon." The name "Strawberry Moon" has been used by Algonquin, Ojibwe, Dakota, and Lakota peoples, among others, to mark the ripening of "June-bearing" strawberries that are ready to be gathered. The "Strawberry Moon" appears this year on June 14th.