FEBRUARY IS LOW VISION AWARENESS MONTH

Cleveland Sight Center

Low vision can make it hard to do things like reading, shopping, cooking or writing. Vision rehabilitation can help people with low vision stay independent and maximize remaining vision. During February, which is Low Vision Awareness Month, help raise awareness about low vision and spread the word about Cleveland Sight Center and vision rehabilitation services. Follow CSC on social media throughout the month for tips, tools and techniques about vision health, contrast, lighting, minimizing your risk for vision loss and more.

What is low vision?
Low vision is a vision problem that makes it hard to do everyday activities. It can't be fixed with glasses, contact lenses, or other standard treatments like medicine or surgery.

You may have low vision if you can't see well enough to do things like:
• Read
• Drive
• Recognize people's faces
• Tell colors apart
• See your television or computer screen clearly

What are the types of low vision?
The type of low vision that you have depends on the disease or condition that caused your low vision.

The most common types of low vision are:
• Central vision loss (not being able to see things in the center of your vision)
• Peripheral vision loss (not being able to see things out of the corners of your eyes)
• Night blindness (not being able to see in low light)
• Blurry or hazy vision

What causes low vision?
Many different eye conditions can cause low vision, but the most common causes are:
• Age-related macular degeneration (AMD)
• Cataracts
• Diabetic retinopathy (a condition that can cause vision loss in people with diabetes)
• Glaucoma

ABOUT CLEVELAND SIGHT CENTER

Cleveland Sight Center (CSC) has served the needs of Northeast Ohio residents who are blind or have low vision for over a century. CSC offers developmental, rehabilitation and vocational services to ensure success in today's society.

Learn more online: Clevelandsightcenter.org
Clevelandsightcenter.org/resources