

Keeping You "In the Know..." 10/13/17

White Cane Safety Day is October 15th:

White Cane Safety Day is Sunday, October 15th. The white cane is an important orientation, navigation and safety tool used by those who are blind or have low vision. The National Federation of the Blind assembled in 1963 and called upon governors of all 50 states to proclaim October 15th of each year in every state as white cane day. Then, on October 6th, 1964, a joint resolution of Congress (HR 753) was signed into law authorizing the President of the United States to proclaim October 15th of each year as "White Cane Safety Day". Within hours of the passage of this congressional joint resolution, then President Lyndon B. Johnson recognized the importance of the white cane. For more information on this important date, <u>click here</u>. CSC promotes this important date through multiple channels such as the agency's <u>website</u> and social media platforms including <u>Facebook</u> and <u>Twitter</u>.



Sign that reads "Please Yield for White Canes. It's the Law."

What's Happening at CSC:

- CSC received a grant from the Lubrizol Foundation this week and a one-time bequest from the estate of Robert E. St. Leger, who was a Sailing volunteer in the 1990s and friend of CSC Board Trustee Charles Gustafson. The bequest will be added to CSC's endowment, providing sustainable support to programs and services in perpetuity. The grant will be used to support operations in 2017.
- 16 "tweens" attended CSC's second BLAST event on Saturday, October 7th where they participated in ice-breakers and games then headed to Luther's Farm Market in Richfield, OH, to enjoy a hay ride, corn maze, petting zoo, pumpkin canon, lunch and a sensory scavenger hunt! The next BLAST event will be a New Year's celebration at CSC on Saturday, January 6th, 2018! Contact Kristen Callahan (216-791-8118) for more details on the BLAST events.



Group photo at Luther's Farm Market



Group photo on the hayride



Participants playing in the corn pit

- CSC welcomed Charles Palmer from Low Vision Aids, Inc. to the agency on Monday, October 9th to demonstrate the Patriot Voice Plus, a standalone scanning device which integrates high quality, accurate, text to speech in a compact design easily moved around the home or office. The Patriot Voice Plus is Wi-Fi enabled for internet voice searches. For more information about the product, contact Tom Sawyer (216-791-8118).
- The Therapeutic Recreation (TR) team started October with some new programming at CSC. This week, participants had the opportunity to take a lesson on how to make no-bake pumpkin cake bites, hosted a class on chair dancing and enjoyed an exploratory nature walk from CSC to the Wade Oval Lagoon on Thursday, October 12th. Upcoming activities include a drum circle on Wednesday, October 18th and the TR team leading various board games on Thursday, October 19th. For more information or the full calendar of events, email Mollie Evans at mevans@clevelandsightcenter.org.



The Therapeutic Recreation team demonstrates chair dancing

- Highbrook Lodge welcomes campers for Fall Weekend starting Friday, October 13th through Sunday, October 15th. Campers will enjoy activities all weekend including pumpkin painting and carving, guided meditation, a fall nature hike, candle making, apples over campfire, cardio drumming, fall themed arts & crafts, Halloween STEM activities (think slime!) and of course, S'mores!
- Moreed Kamal will hold a "Share the Vision" (STV) volunteer refresher training session on Wednesday, October 18th at CSC from 9:30 a.m. 3:30 p.m. The group will be welcomed by Larry Benders, then hear from Melissa Bresnahan about the importance of being a Cleveland Sight Center volunteer. CSC staff members will also give presentations and overviews of the different departments at the agency and what each department does to assist clients in his or her path to independence. Additional topics to be covered include confidentiality, HIPPA and the different aspects of being a STV volunteer, such as the initial contact with new STV clients, potential problem contacts with clients, guidelines and boundaries of STV volunteers and when to begin discussing clients graduating from the STV program. There will be an open discussion with STV volunteers sharing different communication techniques when speaking with STV clients and questions and answers to close out the training.
- The Development Department hosts a "Because of You" major donor appreciation event on Wednesday, October 18th at the Maltz

Performing Arts Center. For more information on this event contact Karen Hiller (216-791-8118).

Strengthening Partnerships:

- Alicia Howerton and Tom Sawyer visited the WINT radio studio in Willoughby on Wednesday, October 11th as guests on the Lake County Council on Aging's (LCCoA) weekly radio show hosted by LCCoA CEO Joseph Tomsick. Seniors citizens are the show's target audience and CSC's programs, services and assistive technology were topics of conversation. The program will broadcast on Saturday, October 14th at 3:00 p.m. The program can be accessed here <u>WINT 101.5fm /1330am</u>. Alicia and Tom also attended a resource fair at the Medical Mutual Outstanding Senior Volunteer event held at Landerhaven on Thursday, October 12th which had over 300 guests in attendance. Tom Sawyer attends the Eliza Jennings annual Wellness Fair at their retirement community, The Renaissance, on Friday to close out the week.
- Desmond Kennedy visited the MetroHealth Brecksville Health & Surgery Center on Tuesday, Cleveland Clinic's Family Health and Surgery Center in Strongsville on Wednesday and met with Europtical and Western Reserve Eye Center, both in Rocky River, on Thursday.
- The Employment Department hosted the monthly meeting of the Employment Collaborative of Cuyahoga County on Tuesday, October 10th. The Department welcomes Sodexo back to CSC for a hiring event on Thursday, October 19th. For more information, contact Rosalie Daley (216-791-8118).

Eyedea Shop's Featured Product of the Week:

• With the baking season here and the holiday season quickly approaching, the wide assortment of kitchen items will come in handy for all bakers and cooks! The Eyedea Shop carries large print

measuring cups and spoons, cutting boards, talking timers, slicing knives, choppers, extra-long oven mitts and even an item that will tell you when to stop pouring to avoid a spill. So when you're ready to stock your kitchen with helpful tools to get started on that holiday cooking and baking, make the Eyedea Shop your first stop. The items make fantastic gifts as well. Prices available upon request...just stop in or give the store a call (x4666). The Eyedea Shop also ships products for delivery if need be.



Variety of items including a timer, cutting boards, choppers, oven mitts and measuring cups and spoons

Item of Note:

• The University Circle skyline is changing with the construction of One University Circle, a high-rise apartment building that will feature 276 units on Euclid Avenue between Stokes Boulevard and Stearns Road, on the former site of the Children's Museum of Cleveland. The complex will include an outdoor swimming pool, a glassed-in rooftop lounge, fitness facilities and concierge services. <u>Click here</u> to learn more about it.

Did You Know?

 The following words are actually acronyms: LASER: Lightwave Amplification by Stimulated Emission of Radiation ZIP Code: Zoning Improvement Plan CARE Package: Cooperative for Assistance & Relief Everywhere CANOLA Oil: Canada Oil Low Acid SCUBA: Self-Contained Underwater Breathing Apparatus NERF: Non-Expandable Recreational Foam