

## Keeping You "In the Know..." 11/18/16

#### Happy Thanksgiving and Thank You!

 A very Happy Thanksgiving and THANK YOU to all CSC staff, Board Trustees, clients, volunteers and friends for your support during the 2016 year. Our agency would not be as unique, talented, vibrant and strong without your ongoing passion and commitment to our mission to empower people with vision loss to realize their full potential and to shape the community's vision of that potential.



Preschoolers hold letters spelling Thank You

CSC will be closed on Thursday, November 24<sup>th</sup> and Friday, November 25<sup>th</sup> for the Thanksgiving holiday. The agency will be open normal business hours on Wednesday, November 23<sup>rd</sup>.

Save the Date: Giving Tuesday is November 29<sup>th</sup>!

 CSC will again reach out to donors, supporters and friends on Giving Tuesday, a worldwide day of philanthropy aimed to help nonprofits achieve their goals and collective missions, which follows the business of "Black Friday" and "Cyber Monday." Please help spread the word about Giving Tuesday...mark your calendar for November 29<sup>th</sup> and we hope you will support CSC's mission to empower people with vision loss to realize their potential and to shape the community's vision of that potential.

#### Engaging and Educating the Community:

- Opportunities for Ohioans with Disabilities (OOD) Akron hosted an Open House for Cleveland Sight Center's Call Center on Thursday, November 10<sup>th</sup>. Bureau of Services for the Visually Impaired (BSVI) clients from Akron, Canton and Youngstown attended the event. Nicole Kahn and Alexis Vickers registered attendees and networked with OOD Counselors. David Magyar, John Naples and Stephanie Webster presented on the Call Center and interviewed interested applicants.
- Alexis Vickers participated in the Career Building & Exchange Symposium as a panel presenter on Saturday, November 12<sup>th</sup> during the National Federation of the Blind's (NFB) 70<sup>th</sup> Anniversary Convention which took place in Independence. The panel led a thoughtful dialogue regarding the steps needed to become a successful interviewer, job seeker and network builder. Other panel members included Dick Davis, Associate Director from Blind Inc., Elizabeth Sammons, Program Administrator with OOD and Barbara Pierce, Board Member/NFB Ohio President Emerita. Over 150 people from across the United States were in attendance at the convention.
- Cuyahoga County Council Member Dale Miller (District 2) visited CSC on Monday, November 14<sup>th</sup>. Mr. Miller toured the agency and learned about CSC's programs and services, including the Call Center, which handles calls for Cuyahoga Jobs and Family Services.

 Representatives from Cleveland Metroparks visited Cleveland Sight Center on Wednesday, November 16<sup>th</sup> from 3:00 p.m. to 4:30 p.m. to present and receive feedback on their plans to make the Metroparks more accessible. Thanks to all staff and clients who participated in the session.



Representatives from Cleveland Metroparks discuss their accessibility plans

#### Winner's Club Meets at CSC and Upcoming Recreation Activities:

 A group of 45 attendees enjoyed a Thanksgiving meal at the November gathering of the Winner's Club, which featured a game of "Family Feud" that informed clients about Therapeutic Recreation and how it can be applied at CSC. Mark your calendar for the next Winner's Club, which will be held Tuesday, January 10<sup>th</sup>, 2017.



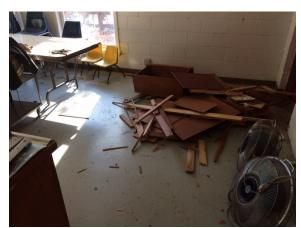
Winner's Club participants enjoy a game of Family Feud

- The weather might be turning colder, but the Recreation offerings are heating up this season. Check out the following activities and classes being offered:
  - Line Dancing: meets on Mondays in the Recreation Room at CSC from 10:00 a.m. 12:00 p.m.
  - o Chess Club: meets on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month in the Recreation Room at CSC from 4:00 p.m. to 6:00 p.m.
  - Workout Wednesdays: formerly known as Boot Camp, Workout Wednesdays are held every Wednesday from 5:30 p.m. to 6:00 p.m. in the Clyde E. Williams, Jr. Auditorium at CSC.
  - Yoga: enjoy a session of yoga every Thursday from 5:00 p.m. –
    6:30 p.m. in the Clyde E. Williams, Jr. Auditorium at CSC.
  - Game Day: every Friday, stop by the Recreation Room at CSC from 1:00 p.m. 3:30 p.m. for some of your favorite games.
  - o Save the date for these December activities:
    - December 7: Book Discussion Group discuss Bill Bryson's "A Walk in the Woods: Rediscovering America on the Appalachian Trail"
    - December 9: Holiday at Highbrook (more information below)
    - December 15: Golf Program potluck
    - December 17: Saturday Arts Class taught by Denise Buckley

## What's Happening at Highbrook Lodge:

 A renovation project of the basement in Sears Hall has begun at Highbrook Lodge. Kevin Pye and Chris Gruber began demolition this week and are preparing the area to be renovated into a multipurpose space which will include a craft area, laundry facility, ADA-compliant restroom and staff lounge.





Images of demolition inside Sears Hall basement

Holiday at Highbrook - Friday, December 9<sup>th</sup> from 9:00 a.m. to 4:00 p.m. Spend the day getting ready for the holidays the camp way! Depart CSC by bus at 9:00 a.m. and head to holiday shopping in Geauga County followed by lunch at Highbrook Lodge. Then spend the afternoon by the fire making holiday arts and crafts and singing holiday songs. The bus will return to CSC by 4:00 p.m. Cost is \$25 and RSVP by December 2<sup>nd</sup> by calling 216-791-8118.

Winter Weekend - Friday, February 24, 2017 to Sunday, February 26, 2017. Spend a winter weekend at camp amongst your peers and the wonderful white snow! Enjoy all of the traditional camp activities – with a wintery twist! Campers arrive at 6:00 p.m. Friday evening and depart Sunday at noon. Cost is \$60 and RSVP by February 15<sup>th</sup> by calling 216-791-8118. Transportation to and from CSC available for an additional \$15.

Summer Camp 2017 - Dates and rates will be available after the New Year! Stay tuned to the <u>Highbrook Lodge website</u> for more details. Interested in having a brochure sent your way? Contact the <u>Highbrook Lodge</u> team at 216-791-8118 or <u>camp@clevelandsightcenter.org</u>!

#### Coming Soon: CYAS Cookies with Santa and Raffle:

- The annual CYAS Cookies with Santa event is scheduled for Saturday, December 10<sup>th</sup> at CSC. For more information on this invitation-only event, please contact Lorie Marsalis (216-791-8118). Raffle items and baskets will once again be available. Tickets will be available for purchase the week of December 5<sup>th</sup>. Check out a few items already in and stay tuned for more exciting raffle items in upcoming In The Knows.
  - -A table that measures 42" long x 27" wide x 21" high that is made of recycled wood barn siding and crafted by the father of a CYAS client. The value of the piece is \$250.



Table with a vase of tulips on it

-A one-of-a-kind handmade blanket/quilt measuring 58" x 42" crafted by Brenda Lammers, Brooke Lewis and Sylvia Snyder. A matching miniature dog comes with the blanket.



Blanket with gold star and colored squares with matching miniature dog

-A mirror from Deschutes Brewery (Bend, Oregon) to complement any bar area, gathering space or Man Cave. Value is \$100.



Mirror with mountains and Deschutes Brewery printed on it

 Please continue to clip and save Labels for Education UPCs, which can still be found on many Campbell's and Pepperidge Farm products. The CYAS department is only 168 points away from 9,000, which would provide a \$100 Visa card for Bright Futures Preschool!



#### Job Club Meets and the Return of the Gong!

- Nicole Kahn and CSC's Employment Services team welcomed Recruiting Manager Lucy Workman and three senior recruiters from KeyBank to this month's Job Club, which gathered at CSC on Thursday, November 17<sup>th</sup>. The speakers discussed job opportunities at KeyBank and offered tips and guidance to help participants with their resumes and job searches. Each participant was also given a chance to have a mock interview with one of the recruiters to sharpen their skills.
- Job Club will host a variety show featuring clients and staff on Thursday, December 15<sup>th</sup> from 10:00 a.m. – 11:30 a.m. in the Clyde E. Williams, Jr. Auditorium. Led by Master of Ceremonies, Rapmedian and local legend Cool TLC, come see who will light up the stage and who will get the gong. Partake in some holiday fun, enjoy refreshments and share some laughs. All are welcome! Don't miss out – RSVP to Nicole Kahn (216-791-8118) or <a href="mailto:nkahn@clevelandsightcenter.org">nkahn@clevelandsightcenter.org</a> to save your seat!

# Eyedea Shop's Product of the Week:

• Here come the holidays! Before you know it, you'll be cooking those turkeys, hams and prime rib for your family holiday meals. This week's

featured product is a talking meat thermometer that is perfect for ensuring those delectable meats are cooked to the appropriate temperature. Easy to operate with just three buttons to press. The Eyedea Shop's price is \$40.



Talking meat thermometer white in color

#### Items of Note:

- "In The Know" will not be published next week, resuming Friday, December 2<sup>nd</sup>.
- Dancing Wheels Company & School presents "The Snowman" a holiday classic returning to their stage on Thursday, December 1<sup>st</sup> and Friday, December 2<sup>nd</sup> beginning at 10:30 a.m. at The Breen Center for Performing Arts, 2008 West 30<sup>th</sup> Street in Cleveland (44113). Tickets are \$5 to this production based on the story by Raymond Briggs with music by Howard Blake about a magical and captivating tale of a young boy and his imaginary friend The Snowman. To reserve seats, call 216-432-0306 or email admin@dancingwheels.org.
- Fluffy Duck Café is expected to open at the Innova building across East 101<sup>st</sup> Street in the next couple weeks and will feature coffees, teas, lattes, cappuccinos, pastries, breads, grab-and-go breakfast

items, hot and cold sandwiches, salads and other treats. Stay tuned for more information and menu offerings when they officially open.

#### Did You Know?

- The first Thanksgiving was held in the autumn of 1621 and included 50 Pilgrims and 90 Wampanoag Indians and lasted three days.
- Thanksgiving was almost a fast not a feast! The early settlers gave thanks by praying and abstaining from food, which is what they planned on doing to celebrate their first harvest, that is, until the Wampanoag Indians joined them and turned their fast into a three-day feast.
- President Lincoln said Thanksgiving would be the fourth Thursday in November, but in 1939 President Roosevelt moved it up a week hoping it would help the shopping season during the Depression era. It never caught on and it was changed back two years later.
- The Macy's Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in New York City. No large balloons were at this parade, as it featured only live animals from Central Park Zoo.
- Benjamin Franklin wanted the turkey to be the national bird, not the eagle.
- Americans eat 46 million turkeys each Thanksgiving.