

# January is Glaucoma Awareness Month



**JANUARY 2022**

Known as the “Silent Thief of Sight” - glaucoma is one of the leading causes of blindness in the United States. Glaucoma is a disease that damages your eye’s optic nerve. It is often associated with increased intraocular pressure.

Often times this sneaky disease shows no symptoms in the early stages and isn’t detected until the disease has progressed and irreversible damage has been done - so don’t wait for symptoms to see your doctor! Regular eye exams are the key to early detection!

There is no cure for glaucoma so treatment is the best way to control the disease. Treatment may prevent further loss of vision but will not restore vision that has already been lost.

The good news is there are many products available that can help you maintain an independent lifestyle and continue to do the things you love.

### **Here are just a few examples of these products:**

- **Filters:** Filters help with glare control, light sensitivity and provide increased contrast for viewing.
- **Stella Two Task Lamp:** This lamp allows the user to control the light type, glare and intensity for task lighting.
- **Hand Held Digital Magnifier or CCTVs (Onyx):** This helps people who need magnification with reverse contrast settings for glare control and improved contrast for reading.
- **Orange bump dots:** These dots are a great, tactile, way to mark appliances, computers and more!
- **Black and White Cutting Board:** This cutting board helps create contrast. For example you can place carrots on the white side and onions on the black side.
- **White on black Zoom Caps:** This increases contrast when viewing a computer keyboard.

All of these products and more are available at the Eyedea Shop. Stop in today or visit us online ([eyedeashop.com](http://eyedeashop.com)) to find out if these products can help maximize your vision.

**The Eyedea Shop at Cleveland Sight Center has quality and helpful low vision aids for purchase that make daily life easier. We offer Ohio's largest selection of items to assist in daily living.**

**The Eyedea Shop is open to the public Monday - Friday from 9:00 am – 5:00 p.m.**

**Learn more by calling 216-658-4666 or visiting [eyedeashop.com](http://eyedeashop.com)**