

Leisure & Lifestyle September-December 2021 Volunteer Opportunities

Volunteer Opportunity	Frequency	How Many Positions	In-person or Virtual	Time and Date	Description
<p><u>General Recreation Assistants/Runners</u></p>	<p>Weekly</p>	<p>2 per shift; 6 total</p>	<p>In-person</p>	<p>Every Tuesday 11am-5:15pm; broken into shifts: 11am-1pm 1pm-3pm 3pm-5:15pm</p>	<p>We are looking for folks who can do it all: help make and deliver coffee, be a willing dance partner, chat with clients, help clients fill out paperwork, participate in yoga, pop popcorn for movies, play cards, learn how to crochet, help supervise activities!</p> <p>The recreation schedule is as follows:</p> <p>Week A 11-11:30 meditation 11:30-12:00 morning chat 12-2 crochet (lunch) 1:30-2:30 games 2:30-3:30 piano + chess 3:30-4:00 set up for music group 4:00-5:15 music group and yoga</p> <p>Week B 11-11:30 meditation 11:30-12:00 morning chat 12-2 crochet (lunch) + book discussion (once a month) 1:30-2:30 dance 2:30-4:00 movie 4:00-5:15 yoga</p>
<p><u>Crochet Lead</u></p>	<p>Weekly</p>	<p>1</p>	<p>In-person</p>	<p>Every Tuesday 12pm-2pm</p>	<p>We are looking for a volunteer to supervise Crochet—chat with the participants, monitor crochet supplies, and the like. Volunteer does not need to know how to crochet (as our clients know how and are happy to teach), but it would probably be helpful.</p>

<u>Dance Lead</u>	Bi-weekly	1	In-person	Every other Tuesday 1:30-2:30pm	Calling all dancers! Our clients love to do Line Dances and are eager to learn new ones as well as practice classics. If you like to boogie on the dance floor at weddings and you feel like you can teach your moves to our clients, we want you!
<u>Games + Chess Lead</u>	Bi-weekly	1 or 2	In-person	Every other Tuesday 1:30-3:30	If you know your card games, board games, and Bingo, we want you! We'd love one or two folks who are passionate about games to help us lead Games and Chess hours with our clients. Play against the clients, teach new games, or just hang out and chat while our clients are enjoying their chosen games.
<u>Wacky Wednesday Lead</u>	Weekly	1 or 2 (could switch off weeks or work together)	Virtual	Every Wednesday 2:00-3:00pm	Wacky Wednesday is for our creatives, because our volunteer has total control over what happens during WW! It can be anything that would suit our audience, and it can and should be different every week! Past WWs have included scattergories, science experiments, line dance, improv games, tongue twisters, comedy performances, talent shows, and more. This program is held over Zoom; our volunteer(s) is welcome to participate from their home or other location, or come to CSC and be video streamed in from our Zoom account.
<u>Halloween Party Runner</u>	One-time	3-5	In-person	Wednesday, October 21 st 10am-12pm	Help judge a costume contest, provide sighted guide, monster mash the morning away, help pass out snacks, and generally socialize with clients.

<u>Fall Adventure Day at Highbrook (for youth)</u>	One-time	3-5	In-person; at Highbrook (no transportation provided)	Saturday, October 23 rd 9:30am-2:30pm	Participate in camp activities—such as a costume party, pumpkin decorating, and other fall favorites—assist campers in participating in the activities, help set-up and clean-up for activities, and generally have fun with the campers!
<u>Fall Winner's Club Runner</u>	One-time	3-5	In-person at CSC	Thursday, November 4 th 10am-12pm	Help serve food, lead a game, dance, give out prizes, and generally socialize with clients.
<u>Holidays at Highbrook</u>	One-time	3-5	In-person at camp (transport from CSC to camp and back provided)	Friday, December 10 th 8:45am-4:15pm	Assist clients with sighted guide and participation in activities, get ready to sing around a campfire, do fun winter-themed crafts, and generally socialize and be festive with our campers.
<u>Shopping for the Holidays</u>	One-time	10	In-person; starts at CSC and travels to several stores	Friday, December 17 th 10am-2pm	Be a 1:1 buddy for a client as they shop at different stores to buy things for their friends and family for the holidays. Clients must monitor their own spending; volunteers are there to help them navigate the stores, find items, and generally have a good time!